













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Ab</b> - Abbot <b>Ap</b> - Apostle <b>B</b> - Bishop <b>BVM</b> - Blessed Virgin Mary <b>C</b> - Confessor <b>Comp.</b> - Companions <b>D</b> - Doctor of the Church <b>Ev</b> - Evangelist	<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-) -</b> Commemoration	White 1  Saint Remigius of Reims, BC	White 2  Holy Guardian Angels	White 3  Saint Therese of the Child Jesus, V	White 4  First Friday  Abstinence Saint Francis of Assisi, C 	White 5  First Saturday  Our Lady's Saturday (Saint Placidus & Comp., Mm) 
Green  6  20th Sunday after Pentecost  (Saint Bruno of Cologne, C)	White 7  The Most Holy Rosary  (Saint Mark, PC) (Saint Sergius & Comp., Mm)	White 8  Saint Bridget of Sweden, W	White 9  Saint John Leonard, C  (Saint Denis, B, & Comp., Mm)	White 10  Saint Francis Borgia, C	White 11  Abstinence Maternity of the Blessed Virgin Mary 	White 12  Our Lady's Saturday
Green  13  21st Sunday after Pentecost  (Saint Edward, King of England, C)	Red 14  Saint Callixtus I, PM	White 15  Saint Teresa of Avila, V	White 16  Saint Hedwig of Silesia, W	White 17  Saint Margaret Mary Alacoque, V	Red 18  Abstinence Saint Luke, Ev 	White 19  Saint Peter of Alcantara, C
Green  20  22nd Sunday after Pentecost  (Saint John Cantius, C)	White 21  Saint Hilarion of Gaza, Ab  (Saint Ursula & Comp., VvMm)	Green 22  Ferial Day	Green 23  Ferial Day	White 24  Saint Raphael the Archangel	Red 25  Abstinence Ss. Chrysanthus & Daria, Mm 	Violet 26  Vigil of Ss. Simon & Judas Thaddeus, Apostles  (Saint Evaristus, PM)
White  27  Solemnity of Christ the King  (23rd Sunday after Pentecost)	Red 28  Ss. Simon the Canaanite & Judas Thaddeus, Apostles	Green 29  Ferial Day	Green 30  Ferial Day	Violet 31  Day of Fast Abstinence Vigil of All Saints 	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may <b>not</b> be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.	