



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.				White	1
Green ✝ 2 17th Sunday after Pentecost (Holy Guardian Angels)	White 3 Saint Therese of the Child Jesus, V	White 4	Red 5 Saint Placidus & Comp., Mm	White 6 Saint Bruno of Cologne, C	White 7 First Friday Abstinence The Most Holy Rosary (Saint Mark, PC) (Saint Sergius & Comp., Mm)	White 8 First Saturday Our Lady's Saturday (Saint Remigius of Reims, BC)	
Green ✝ 9 18th Sunday after Pentecost (Saint John Leonard, C) (Saint Denis, B, & Comp., Mm)	White 10 Saint Francis Borgia, C	White 11 Maternity of the Blessed Virgin Mary	Green 12 Ferial Day	White 13 Saint Edward, King of England, C	Red 14 Abstinence Saint Callixtus I, PM	White 15 Saint Teresa of Avila, V	
Green ✝ 16 19th Sunday after Pentecost (Saint Hedwig of Silesia, W)	White 17 Saint Margaret Mary Alacoque, V	Red 18 Saint Luke, Ev	White 19 Saint Peter of Alcantara, C	White 20 Saint John Cantius, C	White 21 Abstinence Saint Hilarion of Gaza, Ab (Saint Ursula & Comp., VvMm)	White 22 Our Lady's Saturday	
Green ✝ 23/30 20th Sunday after Pentecost Solemnity of Christ the King (21st Sunday after Pentecost)	White 24/31 Saint Raphael the Archangel Day of Fast Abstinence Vigil of All Saints	Red 25 Ss. Chrysanthus & Daria, Mm	Red 26 Saint Evaristus, PM	Violet 27 Vigil of Ss. Simon & Judas Thaddeus, Apostles	Red 28 Abstinence Ss. Simon the Canaanite & Judas Thaddeus, Apostles	White 29 Our Lady's Saturday	

You can access the Traditional Catholic Calendar from the following webpage: vaticancatholic.com/catholic-calendar