



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.			White 1 First Friday Abstinence Saint Remigius of Reims, BC 	White 2 First Saturday Holy Guardian Angels 
Green  3 19th Sunday after Pentecost (Saint Therese of the Child Jesus, V)	White 4 Saint Francis of Assisi, C	Red 5 Saint Placidus & Comp., Mm	White 6 Saint Bruno of Cologne, C	White 7 The Most Holy Rosary (Saint Mark, PC) (Saint Sergius & Comp., Mm)	White 8 Abstinence Saint Bridget of Sweden, W 	White 9 Saint John Leonard, C (Saint Denis, B, & Comp., Mm)
Green  10 20th Sunday after Pentecost (Saint Francis Borgia, C)	White 11 Maternity of the Blessed Virgin Mary	Green 12 Ferial Day	White 13 Saint Edward, King of England, C	Red 14 Saint Callixtus I, PM	White 15 Abstinence Saint Teresa of Avila, V 	White 16 Saint Hedwig of Silesia, W
Green  17 21st Sunday after Pentecost (Saint Margaret Mary Alacoque, V)	Red 18 Saint Luke, Ev	White 19 Saint Peter of Alcantara, C	White 20 Saint John Cantius, C	White 21 Saint Hilarion of Gaza, Ab (Saint Ursula & Comp., VvMm)	Green 22 Abstinence Ferial Day 	White 23 Our Lady's Saturday
Green  24/31 22nd Sunday after Pentecost (Saint Raphael the Archangel) Solemnity of Christ the King (23rd Sunday after Pentecost)	Red 25 Ss. Chrysanthus & Daria, Mm	Red 26 Saint Evaristus, PM	Violet 27 Vigil of Ss. Simon & Judas Thaddeus, Apostles	Red 28 Ss. Simon the Canaanite & Judas Thaddeus, Apostles	Green 29 Abstinence Ferial Day 	Violet 30 Day of Fast Abstinence Vigil of All Saints 