



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	<p>Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted.</p> <p>Abstinence = Meat (and soup or gravy made from meat) may not be taken at all.</p> <p>Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.</p>				White 1 <i>Holy Day of Obligation</i> First Saturday Circumcision of Our Lord Jesus Christ
White 2 Most Holy Name of Jesus (Octave Day of Saint Stephen (First Martyr))	White 3 Octave Day of Saint John	Red 4 Octave Day of Holy Innocents	White 5 Vigil of the Epiphany (Saint Telesphorus, PM)	White 6 The Epiphany of Our Lord Jesus Christ	White 7 <i>First Friday</i> <i>Abstinence</i> Within the Octave 	White 8 Within the Octave
White 9 The Holy Family: Jesus, Mary, and Joseph (Within the Octave)	White 10 Within the Octave	White 11 Within the Octave (Saint Hyginus, PM)	White 12 Within the Octave	White 13 Octave Day of Epiphany of Our Lord Jesus Christ	White 14 <i>Abstinence</i> Saint Hilary, BCD (Saint Felix of Nola, Priest, M)	White 15 Saint Paul, the First Hermit, C (Saint Maurus, Ab)
Green 16 2nd Sunday after Epiphany (Saint Marcellus I, PM)	White 17 Saint Anthony, Ab	White 18 Saint Peter's Chair at Rome (Saint Prisca, VM) (Saint Paul, Ap)	Red 19 Saint Marius & Comp., Mm (Saint Canute IV, King of Denmark, M)	Red 20 Saints Fabian, P, & Sebastian, Mm	Red 21 <i>Abstinence</i> Saint Agnes, VM	Red 22 Ss. Vincent & Anastasius, Mm
Green 23/30 3rd Sunday after Epiphany (Saint Raymond of Pennafort, C) (Saint Emerentiana, VM)	Red 24/31 Saint Timothy, BM	White 25 Conversion of Saint Paul, Ap (Commemoration of Saint Peter, Ap)	Red 26 Saint Polycarp, BM	White 27 Saint John Chrysostom, BCD	White 28 <i>Abstinence</i> Saint Peter Nolasco, C (Saint Agnes (2nd time), VM)	White 29 Saint Francis de Sales, BCD
4th Sunday after Epiphany (Saint Martina, VM)	Saint John Bosco, C					

You can access the Traditional Catholic Calendar from the following webpage: vaticancatholic.com/catholic-calendar