

## December 2024

## VATICANCATHOLIC.COM Most Holy Family Monastery

Sunday			Monday	Tuesday		Wednesday	Thursday	Friday	Saturday
/iolet	†	1		2 White	3	White 4	•		White
1st Sunday of Advent			Saint Bibiana, VM	Saint Francis Xavie	er, C	Saint Peter Chrysologus, BCD (Saint Barbara, VM)	Ferial Day (Saint Sabbas, Ab)	First Friday  Abstinence Saint Nicholas of Myra, BC	First Saturday  Abstinence  Day of Fast  Saint Ambrose of Milan, BCI (Vigil of the Immaculate Conception the BVM)
Vhite	†	8	White	<b>9</b> White	10	White 11	White 12	Red 13	White 14
-	Day of Oblig te Concepti BVM		Within the Octave	Within the Octav (Saint Melchiades, F		Saint Damasus I, PC (Within the Octave)	Within the Octave	Abstinence Saint Lucy, VM (Within the Octave)	Within the Octave
iolet Rose)	†	15	Red 1	6 Violet	17	Violet 18	Violet 19		Red 2
Octave D Concep	unday of Aday of the Important of Importan	nmaculate BVM)	Saint Eusebius of Vercelli, B	M Ferial Day		Day of Fast Partial Abstinence Ember Wednesday Ferial Day	Ferial Day	Day of Fast Abstinence Ember Friday Vigil of Saint Thomas Apostle	
iolet	†	22	White 2.	3 Violet	24	White † 25	Red 26	White 27	Violet 2
4th Su	unday of Ac	dvent	Saint Frances Xavier Cabrir V	Day of Fast Abstinence  Vigil of the Nativity of Lord Jesus Chris		Holy Day of Obligation Nativity of Our Lord Jesus Christ  (Saint Anastasia, M)	Saint Stephen (First Martyr)  (Within the Octave)	Abstinence Saint John, ApEv (Within the Octave)	The Holy Innocents, Mm (Within the Octave)
hite	†	29	White 3	<b>O</b> White	31	Ab - Abbot Ap - Apostle	M - Martyr	<b>Day of Fast</b> = Only one full	meal is allowed, at which me
Nativity	vithin the O of Our Lor Christ omas of Car BM)	rd Jesus	Within the Octave	Saint Sylvester I, I  (Within the Octave		Ap - Apostie B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp Companions D - Doctor of the Church Ev - Evangelist	Mm - Martyrs P - Pope Pp - Popes Ss Saints V - Virgin W - Widow (Saint -name-) - Commemoration	may be taken. Two other mealess than the full meal, are also <b>Abstinence</b> = Meat (and soup <b>not</b> be taken at all. <b>Partial Abstinence</b> = Meat (and may be eaten only once.	permitted. or gravy made from meat) m