








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.				
Violet  4	Violet 5	White 6	White 7	White  8	White 9	White 10
2nd Sunday of Advent (Saint Peter Chrysologus, BCD) (Saint Barbara, VM)	Ferial Day (Saint Sabbas, Ab)	Saint Nicholas of Myra, BC	Day of Fast Abstinence Saint Ambrose of Milan, BCD (Vigil of the Immaculate Conception of the BVM)	Holy Day of Obligation Immaculate Conception of the BVM	Abstinence Within the Octave	Within the Octave (Saint Melchiades, PM)
Violet (Rose)  11	White 12	Red 13	White 14	White 15	Red 16	Violet 17
3rd Sunday of Advent (Within the Octave) (Gaudete Sunday) (Saint Damasus I, PC)	Within the Octave	Saint Lucy, VM (Within the Octave)	Day of Fast Partial Abstinence Ember Wednesday Within the Octave	Octave Day of Immaculate Conception of the BVM	Day of Fast Abstinence Ember Friday Saint Eusebius of Vercelli, BM	Day of Fast Partial Abstinence Ember Saturday Ferial Day
Violet  18	Violet 19	Violet 20	Red 21	White 22	Violet 23	Violet 24
4th Sunday of Advent	Ferial Day	Vigil of Saint Thomas Apostle	Saint Thomas, Ap	Saint Frances Xavier Cabrini, V	Abstinence Ferial Day	Day of Fast Abstinence Vigil of the Nativity of Our Lord Jesus Christ
White  25	Red 26	White 27	Violet 28	Red 29	White 30	White 31
Holy Day of Obligation Nativity of Our Lord Jesus Christ (Saint Anastasia, M)	Saint Stephen (First Martyr) (Within the Octave)	Saint John, ApEv (Within the Octave)	The Holy Innocents, Mm (Within the Octave)	Saint Thomas of Canterbury, BM (Within the Octave)	Abstinence Within the Octave	Saint Sylvester I, PC (Within the Octave)

You can access the Traditional Catholic Calendar from the following webpage: vaticancatholic.com/catholic-calendar