














Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	White 1 Saint Peter's Chains (Saint Paul, Ap) (Holy Machabees, Mm)	White 2 Saint Alphonsus Maria de Liguori, BCD (Saint Stephen I, PM)	Red 3 Finding of the Body of Saint Stephen (First Martyr)	White 4 Saint Dominic de Guzmán, C	White 5 First Friday <i>Abstinence</i> Dedication of the Basilica of Our Lady of the Snows  	White 6 First Saturday Transfiguration of Jesus Christ (Saint Sixtus II, P, & Comp., Mm) 	
Green  7 9th Sunday after Pentecost (Saint Cajetan of Thiene, C) (Saint Donatus, BM)	Red 8 Saint Cyriacus & Comp., Mm	White 9 Saint John Mary Vianney, C (Vigil of Saint Lawrence) (Saint Romanus of Rome, M)	Red 10 Saint Lawrence the Archdeacon, M	Red 11 Saint Tiburtius, M, & Susanna, VM	White 12 <i>Abstinence</i> Saint Clare, V 	Violet 13 Vigil of the Assumption (Ss. Hippolytus & Cassian, Mm)	
Green  14 10th Sunday after Pentecost (Saint Eusebius, C)	White  15 <i>Holy Day of Obligation</i> Assumption of the Blessed Virgin Mary	White 16 Saint Joachim, Father of the BVM, C	White 17 Saint Hyacinth of Cracow, C (Octave of Saint Lawrence) (Within the Octave)	White 18 Within the Octave (Saint Agapitus, M)	White 19 <i>Abstinence</i> Saint John Eudes, C (Within the Octave) 	White 20 Saint Bernard, AbD (Within the Octave)	
Green  21 11th Sunday after Pentecost (Saint Jane Frances de Chantal, W) (Within the Octave)	White 22 Immaculate Heart of Mary (Saint Timothy & Comp., Mm)	White 23 Saint Philip Benizi, C (Vigil of the Saint Bartholomew, Ap)	Red 24 Saint Bartholomew, Ap	White 25 Saint Louis IX, King of France, C	Red 26 <i>Abstinence</i> Saint Zephyrinus, PM 	White 27 Saint Joseph Calansanctius, C	
Green  28 12th Sunday after Pentecost (Saint Augustine of Hippo, BCD) (Saint Hermes, M)	Red 29 Beheading of Saint John the Baptist (Saint Sabina, M)	White 30 Saint Rose of Lima, V (Ss. Felix & Adactus, Mm)	White 31 Saint Raymond Nonnatus, C	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration			Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.

You can access the Traditional Catholic Calendar from the following webpage: vaticancatholic.com/catholic-calendar