







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	White 1	White 2	White 3	White 4	White 5	White 6
	Easter Monday	Easter Tuesday	Easter Wednesday	Easter Thursday (Saint Isidore, BCD)	First Friday Abstinence Easter Friday (Saint Vincent Ferrer, C)	First Saturday Easter Saturday
White  7	White 8	White 9	White 10	White 11	White 12	Red 13
Low Sunday (1st Sunday after Easter)	Annunciation of the Blessed Virgin Mary	Ferial Day	Ferial Day	Saint Leo the Great, PCD	Abstinence Ferial Day	Saint Hermenegild, M
White  14	White 15	White 16	White 17	White 18	White 19	White 20
2nd Sunday after Easter (Saint Justin, M) (Ss. Tiburtius, Valerian & Maximus, Mm)	Ferial Day	Ferial Day	Solemnity of Saint Joseph, Spouse of the BVM, C	Within the Octave	Abstinence Within the Octave	Within the Octave
White  21	Red 22	Red 23	White 24	Red 25	Red 26	White 27
3rd Sunday after Easter (Saint Anselm, BCD) (Within the Octave)	Ss. Soter & Caius, PpMm (Within the Octave)	Saint George of Cappadocia, M (Within the Octave)	Octave Day of the Solemnity of Saint Joseph, Spouse of the BVM, C (Saint Fidelis of Sigmaringen, M)	Saint Mark, Ev	Abstinence Ss. Cletus & Marcellinus, PpMm	Saint Peter Canisius, CD
White  28	Red 29	White 30	Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may <u>not</u> be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.	
4th Sunday after Easter (Saint Paul of the Cross, C) (Saint Vitalis, M)	Saint Peter of Verona, M	Saint Catherine of Siena, V				