













Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Ab</b> - Abbot <b>Ap</b> - Apostle <b>B</b> - Bishop <b>BVM</b> - Blessed Virgin Mary <b>C</b> - Confessor <b>Comp.</b> - Companions <b>D</b> - Doctor of the Church <b>Ev</b> - Evangelist	<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration	<b>Day of Fast</b> = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. <b>Abstinence</b> = Meat (and soup or gravy made from meat) may <b>not</b> be taken at all. <b>Partial Abstinence</b> = Meat (and soup or gravy made from meat) may be eaten only once.				<b>Violet</b> <b>1</b>  <b>First Saturday</b>  <b>Day of Fast</b> Ferial Day  
<b>Violet</b>  <b>2</b>  Palm Sunday	<b>Violet</b> <b>3</b>  <b>Day of Fast</b> Monday in Holy Week	<b>Violet</b> <b>4</b>  <b>Day of Fast</b> Tuesday in Holy Week  (Saint Isidore, BCD)	<b>Violet</b> <b>5</b>  <b>Day of Fast</b> Wednesday in Holy Week  (Saint Vincent Ferrer, C)	<b>White</b> <b>6</b>  <b>Day of Fast</b> Maundy Thursday	<b>Black</b> <b>7</b>  <b>First Friday</b> <b>Abstinence</b> <b>Day of Fast</b> Good Friday  	<b>Violet</b> <b>8</b> White  <b>Day of Fast</b> <b>Abstinence</b> Holy Saturday  
<b>White</b>  <b>9</b>  Easter Sunday	<b>White</b> <b>10</b>  Easter Monday	<b>White</b> <b>11</b>  Easter Tuesday	<b>White</b> <b>12</b>  Easter Wednesday	<b>White</b> <b>13</b>  Easter Thursday  (Saint Hermenegild, M)	<b>White</b> <b>14</b>  <b>Abstinence</b> Easter Friday (Saint Justin, M) (Ss. Tiburtius, Valerian & Maximus, Mm)  	<b>White</b> <b>15</b>  Easter Saturday  
<b>White</b>  <b>16</b>  Low Sunday (1st Sunday after Easter)	<b>Red</b> <b>17</b>  Saint Anicetus, PM	<b>White</b> <b>18</b>  Ferial Day	<b>White</b> <b>19</b>  Ferial Day	<b>White</b> <b>20</b>  Ferial Day	<b>White</b> <b>21</b>  <b>Abstinence</b> Saint Anselm, BCD  	<b>Red</b> <b>22</b>  Ss. Soter & Caius, PpMm
<b>White</b>  <b>23/30</b> 2nd Sunday after Easter (Saint George of Cappadocia, M) 3rd Sunday after Easter (Saint Catherine of Siena, V) (Within the Octave)	<b>Red</b> <b>24</b>  Saint Fidelis of Sigmaringen, M	<b>Red</b> <b>25</b>  Saint Mark, Ev	<b>White</b> <b>26</b>  Solemnity of Saint Joseph, Spouse of the BVM, C  (Ss. Cletus & Marcellinus, PpMm)	<b>White</b> <b>27</b>  Saint Peter Canisius, CD  (Within the Octave)	<b>White</b> <b>28</b>  <b>Abstinence</b> Saint Paul of the Cross, C (Within the Octave) (Saint Vitalis, M)  	<b>Red</b> <b>29</b>  Saint Peter of Verona, M  (Within the Octave)