











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.			Violet 1 First Friday Abstinence Day of Fast Ferial Day 	White 2 First Saturday Day of Fast Saint Francis of Paola, C 
Violet  3 Passion Sunday	White 4 Day of Fast Saint Isidore, C	White 5 Day of Fast Saint Vincent Ferrer, C	Violet 6 Day of Fast Ferial Day	Violet 7 Day of Fast Ferial Day	White 8 Day of Fast Abstinence Seven Sorrows of the BVM 	Violet 9 Day of Fast Ferial Day
Violet  10 Palm Sunday	Violet 11 Day of Fast Monday in Holy Week (Saint Leo the Great, PCD)	Violet 12 Day of Fast Tuesday in Holy Week	Violet 13 Day of Fast Wednesday in Holy Week (Saint Hermenegild, M)	White 14 Day of Fast Maundy Thursday	Black 15 Day of Fast Abstinence Good Friday 	Violet White 16 Day of Fast and Abstinence Holy Saturday 
White  17 Easter Sunday	White 18 Easter Monday	White 19 Easter Tuesday	White 20 Easter Wednesday	White 21 Easter Thursday (Saint Anselm, BCD)	White 22 Abstinence Easter Friday (Ss. Soter & Caius, PpMm) 	White 23 Easter Saturday (Saint George of Cappadocia, M) 
White  24 Low Sunday (Saint Fidelis of Sigmaringen, M) (1st Sunday after Easter)	Red 25 Saint Mark, ApEv	Red 26 Ss. Cletus & Marcellinus, PpMm	White 27 Saint Peter Canisius, CD	White 28 Saint Paul of the Cross, C (Saint Vitalis, M)	Red 29 Abstinence Saint Peter of Verona, M 	White 30 Saint Catherine of Siena, V

You can access the Traditional Catholic Calendar from the following webpage: vaticancatholic.com/catholic-calendar