



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.			White 1 Day of Fast Maundy Thursday	Black 2 First Friday Day of Fast Abstinence Good Friday 	Violet 3 White First Saturday Day of Fast and Abstinence Holy Saturday 
White  4 Easter Sunday	White 5 Easter Monday	White 6 Easter Tuesday	White 7 Easter Wednesday	White 8 Easter Thursday	White 9 Abstinence Easter Friday 	White 10 Easter Saturday
White  11 Low Sunday (Saint Leo the Great, PCD) (1st Sunday after Easter)	White 12 Ferial Day	Red 13 Saint Hermenegild, M	Red 14 Saint Justin, M (Ss. Tiburtius, Valerian & Maximus, Mm)	White 15 Ferial Day	White 16 Abstinence Ferial Day 	White 17 Our Lady's Saturday (Saint Anicetus, PM)
White  18 2nd Sunday after Easter	White 19 Ferial Day	White 20 Ferial Day	White 21 Solemnity of Saint Joseph, Spouse of the BVM, C (Saint Anselm, BCD)	Red 22 Ss. Soter & Caius, PpMm (Within the Octave)	Red 23 Abstinence Saint George of Cappadocia, M (Within the Octave)	Red 24 Saint Fidelis of Sigmaringen, M (Within the Octave)
Red  25 Saint Mark, ApEv (3rd Sunday after Easter)	Red 26 Ss. Cletus & Marcellinus, PpMm (Within the Octave)	White 27 Saint Peter Canisius, CD (Within the Octave)	White 28 Octave Day of Solemnity of Saint Joseph, Spouse of the BVM (Saint Paul of the Cross, C) (Saint Vitalis, M)	Red 29 Saint Peter of Verona, M	White 30 Abstinence Saint Catherine of Siena, V 	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration