




















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab: Abbot Ap: Apostle B: Bishop BVM: Blessed Virgin Mary C: Confessor Comp.: Companions D: Doctor of the Church Ev: Evangelist	Day of Fast: Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence: Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence: Meat (and soup or gravy made from meat) may be eaten only once.		White ✝ 1 Holy Day of Obligation Circumcision of Our Lord Jesus Christ	Red 2 Octave Day of Saint Stephen (First Martyr)	White 3 First Friday Abstinence Octave Day of Saint John, ApEv	Red 4 First Saturday Octave Day of the Holy Innocents, Mm
White ✝ 5 Most Holy Name of Jesus (Vigil of the Epiphany) (Saint Telesphorus, PM)	White 6 The Epiphany of Our Lord Jesus Christ	White 7 Within the Octave	White 8 Within the Octave	White 9 Within the Octave	White 10 Abstinence Within the Octave	White 11 Within the Octave (Saint Hyginus, PM)
White ✝ 12 The Holy Family: Jesus, Mary, and Joseph (Within the Octave)	White 13 Octave Day of the Epiphany of Our Lord Jesus Christ	White 14 Saint Hilary, BCD (Saint Felix of Nola, Priest, M)	White 15 Saint Paul, the First Hermit, C (Saint Maurus, Ab)	Red 16 Saint Marcellus I, PM	White 17 Abstinence Saint Anthony, Ab	White 18 Saint Peter's Chair at Rome (Saint Prisca, VM) (Saint Paul, Ap)
Green ✝ 19 2nd Sunday after the Epiphany (Saint Marius & Comp., Mm) (Saint Canute IV, King of Denmark, M)	Red 20 Saints Fabian, P, & Sebastian, Mm	Red 21 Saint Agnes, VM	Red 22 Ss. Vincent & Anastasius, Mm	White 23 Saint Raymund of Pennafort, C (Saint Emerentiana, VM)	Red 24 Abstinence Saint Timothy, BM	White 25 Conversion of Saint Paul, Ap (Commemoration of Saint Peter, Ap)
Green ✝ 26 3rd Sunday after the Epiphany (Saint Polycarp, BM)	White 27 Saint John Chrysostom, BCD	White 28 Saint Peter Nolasco, C (Saint Agnes (2nd time), VM)	White 29 Saint Francis de Sales, BCD	Red 30 Saint Martina, VM	White 31 Abstinence Saint John Bosco, C	M: Martyr Mm: Martyrs P: Pope Pp: Popes Ss.: Saints V: Virgin W: Widow (Saint -name-): Commemoration







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<p>White  2</p> <p>Purification of the Blessed Virgin Mary (4th Sunday after the Epiphany)</p>	<p>Red 3</p> <p>Saint Blaise of Sebaste, BM</p>	<p>White 4</p> <p>Saint Andrew Corsini, BC</p>	<p>Red 5</p> <p>Saint Agatha of Catania, VM</p>	<p>White 6</p> <p>Saint Titus, BC (Saint Dorothy, VM)</p>	<p>White 7</p> <p>First Friday Abstinence Saint Romuald, Ab</p>  	<p>White 8</p> <p>Saint John of Matha, C</p>
<p>Green  9</p> <p>5th Sunday after the Epiphany (Saint Cyril of Alexandria, BCD) (Saint Apollonia, VM)</p>	<p>White 10</p> <p>Saint Scholastica of Nursia, V</p>	<p>White 11</p> <p>Apparition of Our Lady of Lourdes</p>	<p>White 12</p> <p>The Seven Holy Founders of the Servites, Cc</p>	<p>Green 13</p> <p>Ferial Day</p>	<p>Red 14</p> <p>Abstinence Saint Valentine, Priest, M</p> 	<p>Green 15</p> <p>6th Sunday after the Epiphany [anticipated] (Ss. Faustinus & Jovita, Mm)</p>
<p>Violet  16</p> <p>Septuagesima Sunday</p>	<p>Violet 17</p> <p>Ferial Day</p>	<p>Red 18</p> <p>Saint Simeon, BM</p>	<p>Violet 19</p> <p>Ferial Day</p>	<p>Violet 20</p> <p>Ferial Day</p>	<p>Violet 21</p> <p>Abstinence Ferial Day</p> 	<p>White 22</p> <p>Saint Peter's Chair at Antioch, Ap (Vigil of Saint Matthias) (Commemoration of Saint Paul, Ap)</p>
<p>Violet  23</p> <p>Sexagesima Sunday (Saint Peter Damian, BCD)</p>	<p>Red 24</p> <p>Saint Matthias, Ap</p>	<p>Violet 25</p> <p>Ferial Day</p>	<p>Violet 26</p> <p>Ferial Day</p>	<p>White 27</p> <p>Saint Gabriel of Our Lady of Sorrows, C</p>	<p>Violet 28</p> <p>Abstinence Ferial Day</p> 	<p>M: Martyr Mm: Martyrs P: Pope Pp: Popes Ss.: Saints V: Virgin W: Widow (Saint -name-): Commemoration</p>



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Violet  2 Quinquagesima Sunday	Violet 3 Ferial Day	White 4 Saint Casimir, C (Saint Lucius I, PM)	Violet 5 Day of Fast Abstinence Ash Wednesday	Red 6 Day of Fast Ss. Perpetua & Felicitas, Mm	White 7 First Friday Abstinence Day of Fast Saint Thomas Aquinas, CD 	White 8 Day of Fast Saint John of God, C
Violet  9 1st Sunday of Lent (Saint Frances of Rome, W)	Red 10 Day of Fast Forty Holy Martyrs of Sebaste	Violet 11 Day of Fast Ferial Day	White 12 Day of Fast Partial Abstinence Ember Wednesday Saint Gregory the Great, PCD	Violet 13 Day of Fast Ferial Day	Violet 14 Day of Fast Abstinence Ember Friday Ferial Day	Violet 15 Day of Fast Partial Abstinence Ember Saturday Ferial Day
Violet  16 2nd Sunday of Lent	White 17 Day of Fast Saint Patrick, BC	White 18 Day of Fast Saint Cyril of Jerusalem, BCD	White 19 Day of Fast Saint Joseph, Spouse of the BVM, C	Violet 20 Day of Fast Ferial Day	White 21 Day of Fast Abstinence Saint Benedict of Nursia, Ab	White 22 Day of Fast Saint Isidore the Farmer, C
Violet  23/30 3rd Sunday of Lent	White 24/31 Violet Day of Fast Saint Gabriel the Archangel	White 25 Day of Fast Annunciation of the Blessed Virgin Mary	Violet 26 Day of Fast Ferial Day	White 27 Day of Fast Saint John Damascene, CD	White 28 Day of Fast Abstinence Saint John of Capistrano, C	Violet 29 Day of Fast Ferial Day
4th Sunday of Lent (Laetare Sunday)	Day of Fast Ferial Day					



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Violet  6 Passion Sunday	Violet 7 <i>Day of Fast</i> Ferial Day	Violet 8 <i>Day of Fast</i> Ferial Day	Violet 9 <i>Day of Fast</i> Ferial Day	Violet 10 <i>Day of Fast</i> Ferial Day	White 11 <i>Day of Fast</i> <i>Abstinence</i> Seven Sorrows of the BVM (Saint Leo the Great, PCD)	Violet 12 <i>Day of Fast</i> Ferial Day
Violet  13 Palm Sunday	Violet 14 <i>Day of Fast</i> Monday in Holy Week (Saint Justin, M) (Ss. Tiburtius, Valerian & Maximus, Mm)	Violet 15 <i>Day of Fast</i> Tuesday in Holy Week	Violet 16 <i>Day of Fast</i> Wednesday in Holy Week	White 17 <i>Day of Fast</i> Maundy Thursday	Black 18 <i>Day of Fast</i> <i>Abstinence</i> Good Friday	Violet 19 White <i>Day of Fast</i> <i>Abstinence</i> Holy Saturday
White  20 Easter Sunday	White 21 Easter Monday	White 22 Easter Tuesday	White 23 Easter Wednesday (Saint George of Cappadocia, M)	White 24 Easter Thursday (Saint Fidelis of Sigmaringen, M)	White 25 <i>Abstinence</i> Easter Friday	White 26 Easter Saturday (Ss. Cletus & Marcellinus, PpMm)
White  27 Low Sunday (Saint Peter Canisius, CD) (1st Sunday after Easter)	Red 28 <i>Abstinence</i> Saint Mark, Ev (Saint Paul of the Cross, C) (Saint Vitalis, M)	Red 29 Saint Peter of Verona, M	White 30 Saint Catherine of Siena, V	Day of Fast: Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence: Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence: Meat (and soup or gravy made from meat) may be eaten only once.		













Calendar grid with columns for days of the week (Sunday to Saturday) and rows for dates (1-31). Includes feast names, liturgical colors (White, Red), and abstinence instructions.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White  1 Sunday within the Octave of the Ascension of Our Lord Jesus Christ (Saint Angela Merici, V)	White 2 Within the Octave (Saint Marcellinus & Comp., Mm)	White 3 Within the Octave	White 4 Saint Francis Caracciolo, C (Within the Octave)	White 5 Octave Day of the Ascension of Our Lord Jesus Christ (Saint Boniface of Mainz, BM)	White 6 First Friday <i>Abstinence</i> Saint Norbert of Xanten, BC 	Violet Red 7 First Saturday <i>Partial Abstinence</i> <i>Day of Fast</i> Vigil of Pentecost 
Red  8 Pentecost Sunday	Red 9 Pentecost Monday	Red 10 Pentecost Tuesday	Red 11 <i>Day of Fast</i> <i>Partial Abstinence</i> Ember Wednesday Pentecost Wednesday (Saint Barnabas, Ap)	Red 12 Pentecost Thursday (Saint John of Saint Facundo, C) (Saint Basilides & Comp., Mm)	Red 13 <i>Day of Fast</i> <i>Abstinence</i> Ember Friday Pentecost Friday (Saint Anthony of Padua, CD)	Red 14 <i>Day of Fast</i> <i>Partial Abstinence</i> Ember Saturday Pentecost Saturday (Saint Basil the Great, BCD)
White  15 Trinity Sunday (1st Sunday after Pentecost)	Green 16 Ferial Day	Green 17 Ferial Day	White 18 Saint Ephrem, Deacon, CD (Ss. Mark & Marcellianus, Mm)	White 19 Corpus Christi	White 20 <i>Abstinence</i> Within the Octave (Saint Silverius, PM)	White 21 Within the Octave (Saint Aloysius Gonzaga, C)
White  22 Sunday within the Octave of Corpus Christi (Saint Paulinus of Nola, BC) (2nd Sunday after Pentecost)	White 23 Within the Octave (Vigil of the Nativity of Saint John the Baptist)	White 24 Nativity of Saint John the Baptist (Within the Octave)	White 25 Within the Octave (Saint William of Vercelli, Ab) (Within the Octave)	White 26 Octave Day of Corpus Christi (Ss. John & Paul, Mm) (Within the Octave)	White 27 <i>Abstinence</i> Sacred Heart of Jesus 	Red 28 Saint Irenaeus, BM (Within the Octave) (Within the Octave) (Vigil of Ss. Peter & Paul, Apostles)
Red  29 Ss. Peter & Paul, Apostles (Sunday within the Octave of the Sacred Heart of Jesus) (3rd Sunday after Pentecost)	Red 30 Commemoration of Saint Paul, Ap (Within the Octave) (Within the Octave) (Saint Peter, Ap)	Ab: Abbot Ap: Apostle B: Bishop BVM: Blessed Virgin Mary C: Confessor Comp.: Companions D: Doctor of the Church Ev: Evangelist		M: Martyr Mm: Martyrs P: Pope Pp: Popes Ss.: Saints V: Virgin W: Widow (Saint -name-): Commemoration		Day of Fast: Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence: Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence: Meat (and soup or gravy made from meat) may be eaten only once.



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Red  6 Octave Day of Ss. Peter & Paul, Apostles (4th Sunday after Pentecost)	White 7 Ss. Cyril, BC, and Methodius, BC	White 8 Saint Elizabeth, Queen of Portugal, W	Green 9 Ferial Day	Red 10 Seven Holy Brothers, Mm (Ss. Rufina & Secunda, VvMm)	Red 11 <i>Abstinence</i> Saint Pius I, PM 	White 12 Saint John Gualbert, Ab (Ss. Nabor & Felix, Mm)
Green  13 5th Sunday after Pentecost (Saint Cletus, PM)	White 14 Saint Bonaventure of Bagnoregio, BCD	White 15 Saint Henry II, Emperor of Germany, C	White 16 Our Lady of Mount Carmel	White 17 Saint Alexius of Rome, C	White 18 <i>Abstinence</i> Saint Camillus de Lellis, C (Saint Symphorosa & her Seven Sons, Mm) 	White 19 Saint Vincent de Paul, C
Green  20 6th Sunday after Pentecost (Saint Jerome Emilian, C) (Saint Margaret of Antioch, VM)	White 21 Saint Praxedes, V	White 22 Saint Mary Magdalene, Penitent	Red 23 Saint Apollinaris of Ravenna, BM (Saint Liborius, BC)	Violet 24 Vigil of Saint James the Greater, Apostle (Saint Christina, VM)	Red 25 <i>Abstinence</i> Saint James the Greater, Ap (Saint Christopher, M) 	White 26 Saint Anne, Mother of the BVM, W
Green  27 7th Sunday after Pentecost (Saint Pantaleon, M)	Red 28 Ss. Nazarius & Comp., Mm	White 29 Saint Martha, V (Saint Felix II & Comp., Mm)	Red 30 Ss. Abdon & Sennen, Mm	White 31 Saint Ignatius of Loyola, C	Day of Fast: Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence: Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence: Meat (and soup or gravy made from meat) may be eaten only once.	



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Green 3 8th Sunday after Pentecost (Finding of the Body of Saint Stephen (First Martyr))	White 4 Saint Dominic de Guzmán, C	White 5 Dedication of the Basilica of Our Lady of the Snows	White 6 Transfiguration of Jesus Christ (Saint Sixtus II, P, & Comp., Mm)	White 7 Saint Cajetan of Thiene, C (Saint Donatus, BM)	Red 8 Abstinence Saint Cyriacus & Comp., Mm	White 9 Saint John Mary Vianney, C (Vigil of Saint Lawrence) (Saint Romanus of Rome, M)
Red 10 Saint Lawrence the Archdeacon, M (9th Sunday after Pentecost)	Red 11 Ss. Tiburtius, M, & Susanna, VM	White 12 Saint Clare, V	Red 13 Ss. Hippolytus & Cassian, Mm	Violet 14 Vigil of the Assumption (Saint Eusebius, C)	White 15 Holy Day of Obligation Assumption of the Blessed Virgin Mary	White 16 Saint Joachim, Father of the BVM, C
Green 17 10th Sunday after Pentecost (Saint Hyacinth of Cracow, C) (Octave Day of Saint Lawrence) (Within the Octave)	White 18 Within the Octave (Saint Agapitus, M)	White 19 Saint John Eudes, C (Within the Octave)	White 20 Saint Bernard, AbD (Within the Octave)	White 21 Saint Jane Frances de Chantal, W (Within the Octave)	White 22 Abstinence Immaculate Heart of Mary (Saint Timothy & Comp., Mm)	White 23 Saint Philip Benizi, C (Vigil of Saint Bartholomew, Ap)
Red 24/31 Green Saint Bartholomew, Ap (11th Sunday after Pentecost) 12th Sunday after Pentecost (Saint Raymond Nonnatus, C)	White 25 Saint Louis IX, King of France, C	Red 26 Saint Zephyrinus, PM	White 27 Saint Joseph Calansanctius, C	White 28 Saint Augustine of Hippo, BCD (Saint Hermes, M)	Red 29 Abstinence Beheading of Saint John the Baptist (Saint Sabina, M)	White 30 Saint Rose of Lima, V (Ss. Felix & Adactus, Mm)








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	White 1 Saint Giles, Ab (Twelve Holy Brothers, Mm)	White 2 Saint Stephen, King of Hungary, C	White 3 Saint Pius X, PC	Green 4 Ferial Day	White 5 First Friday Abstinence Saint Lawrence Justinian, BC	White 6 First Saturday Our Lady's Saturday
Green 7 13th Sunday after Pentecost	White 8 Nativity of the Blessed Virgin Mary (Saint Hadrian, M)	White 9 Saint Peter Claver, C (Saint Gorgonius, M)	White 10 Saint Nicholas of Tolentino, C	Red 11 Ss. Protus & Hyacinth, Mm	White 12 Abstinence Most Holy Name of Mary	White 13 Our Lady's Saturday
Green 14 14th Sunday after Pentecost (Exaltation of the Holy Cross)	White 15 Seven Sorrows of the BVM (Saint Nicomedes, M)	Red 16 Ss. Cornelius, P, & Cyprian, BMm (Saint Euphemia, V, & Comp., Mm)	White 17 Day of Fast Partial Abstinence Ember Wednesday Impression of the Stigmata of Saint Francis	White 18 Saint Joseph of Cupertino, C	Red 19 Day of Fast Abstinence Ember Friday Saint Januarius, B, & Comp., Mm	Red 20 Day of Fast Partial Abstinence Ember Saturday Saint Eustace & Comp., Mm (Vigil of Saint Matthew)
Red 21 Saint Matthew, ApEv (15th Sunday after Pentecost)	White 22 Saint Thomas of Villanova, BC (Saint Maurice & Comp., Mm)	Red 23 Saint Linus, PM (Saint Thecla, VM)	White 24 Our Lady of Ransom	Green 25 Ferial Day	Red 26 Abstinence Saint Isaac Jogues & Comp., Mm (Ss. Cyprian & Justina, Mm)	Red 27 Ss. Cosmas & Damian, Mm
Green 28 16th Sunday after Pentecost (Saint Wenceslaus, M)	White 29 Dedication of Saint Michael the Archangel	White 30 Saint Jerome, CD	Ab: Abbot Ap: Apostle B: Bishop BVM: Blessed Virgin Mary C: Confessor Comp.: Companions D: Doctor of the Church Ev: Evangelist		M: Martyr Mm: Martyrs P: Pope Pp: Popes Ss.: Saints V: Virgin W: Widow (Saint -name-): Commemoration	
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Green ✝ 2 21st Sunday after Pentecost (Sunday within the Octave of All Saints' Day)	Black 3 All Souls' Day	White 4 Saint Charles Borromeo, BC (Within the Octave) (Ss. Vitalis & Agricola, Mm)	White 5 Within the Octave	White 6 Within the Octave	White 7 First Friday <i>Abstinence</i> Within the Octave 	White 8 Octave Day of All Saints' Day (Four Crowned Martyrs)
White ✝ 9 Dedication of the Basilica of Our Savior (22nd Sunday after Pentecost) (Saint Theodore, M)	White 10 Saint Andrew Avellino, C (Ss. Tryphon & Comp., Mm)	White 11 Saint Martin of Tours, BC (Saint Mennas, M)	Red 12 Saint Martin I, PM	White 13 Saint Didacus of Alcala, C	Red 14 <i>Abstinence</i> Saint Josaphat Kuntsevych, BM 	White 15 Saint Albert the Great, BCD
Green ✝ 16 23rd Sunday after Pentecost (Saint Gertrude, Abbess, V)	White 17 Saint Gregory Thaumaturgus, BC	White 18 Dedication of the Basilicas of Ss. Peter & Paul	White 19 Saint Elizabeth of Hungary, W (Saint Pontian, PM)	White 20 Saint Felix of Valois, C	White 21 <i>Abstinence</i> Presentation of the Blessed Virgin Mary 	Red 22 Saint Cecilia, VM
Green ✝ 23/30 Violet 24th Sunday after Pentecost (Saint Clement I, PM) (Saint Felicitas, M) 1st Sunday of Advent	White 24 Saint John of the Cross, CD (Saint Chrysogonus, M)	Red 25 Saint Catherine of Alexandria, VM	White 26 Saint Sylvester, Ab (Saint Peter of Alexandria, BM)	Green 27 Ferial Day	Green 28 <i>Abstinence</i> Ferial Day 	Violet 29 Vigil of Saint Andrew (Saint Saturninus, M)



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Violet 7 2nd Sunday of Advent (Saint Ambrose of Milan, BCD)	White 8 Holy Day of Obligation Immaculate Conception of the BVM	White 9 Within the Octave	White 10 Within the Octave (Saint Melchiades, PM)	White 11 Saint Damasus I, PC (Within the Octave)	White 12 <i>Abstinence</i> Within the Octave	Red 13 Saint Lucy, VM (Within the Octave)
Violet (Rose) 14 3rd Sunday of Advent (Gaudete Sunday) (Within the Octave)	White 15 Octave Day of the Immaculate Conception of the BVM	Red 16 Saint Eusebius of Vercelli, BM	Violet 17 Day of Fast <i>Partial Abstinence</i> Ember Wednesday Ferial Day	Violet 18 Ferial Day	Violet 19 Day of Fast <i>Abstinence</i> Ember Friday Ferial Day	Violet 20 Day of Fast <i>Partial Abstinence</i> Ember Saturday Ferial Day
Violet 21 4th Sunday of Advent	White 22 Saint Frances Xavier Cabrini, V (Vigil of Saint Thomas Apostle)	Red 23 Saint Thomas, Ap	Violet 24 Day of Fast <i>Abstinence</i> Vigil of the Nativity of Our Lord Jesus Christ	White 25 Holy Day of Obligation Nativity of Our Lord Jesus Christ (Saint Anastasia, M)	Red 26 <i>Abstinence</i> Saint Stephen (First Martyr) (Within the Octave)	White 27 Saint John, ApEv (Within the Octave)
Violet 28 The Holy Innocents, Mm (Sunday within the Octave of Nativity of Our Lord Jesus Christ)	Red 29 Saint Thomas of Canterbury, BM (Within the Octave)	White 30 Within the Octave	White 31 Saint Sylvester I, PC (Within the Octave)	M: Martyr Mm: Martyrs P: Pope Pp: Popes Ss.: Saints V: Virgin W: Widow (Saint -name-): Commemoration	Day of Fast: Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence: Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence: Meat (and soup or gravy made from meat) may be eaten only once .	