



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once .				White  1 Holy Day of Obligation First Saturday Circumcision of Our Lord Jesus Christ 
White  2 Most Holy Name of Jesus (Octave Day of Saint Stephen (First Martyr))	White 3 Octave Day of Saint John	Red 4 Octave Day of Holy Innocents	White 5 Vigil of the Epiphany (Saint Telesphorus, PM)	White 6 The Epiphany of Our Lord Jesus Christ	White 7 First Friday Abstinence Within the Octave 	White 8 Within the Octave 
White  9 The Holy Family: Jesus, Mary, and Joseph (Within the Octave)	White 10 Within the Octave	White 11 Within the Octave (Saint Hyginus, PM)	White 12 Within the Octave	White 13 Octave Day of Epiphany of Our Lord Jesus Christ	White 14 Abstinence Saint Hilary, BCD (Saint Felix of Nola, Priest, M)	White 15 Saint Paul, the First Hermit, C (Saint Maurus, Ab)
Green  16 2nd Sunday after of Epiphany (Saint Marcellus I, PM)	White 17 Saint Anthony, Ab	White 18 Saint Peter's Chair at Rome (Saint Prisca, VM) (Saint Paul, Ap)	Red 19 Saint Marius & Comp., Mm (Saint Canute IV, King of Denmark, M)	Red 20 Saints Fabian, P, & Sebastian, Mm	Red 21 Abstinence Saint Agnes, VM	Red 22 Ss. Vincent & Anastasius, Mm
Green  23/30 3rd Sunday after of Epiphany (Saint Raymund of Pennafort, C) (Saint Emerentiana, VM)	Red White 24/31 Saint Timothy, BM	White 25 Conversion of Saint Paul, Ap (Commemoration of Saint Peter, Ap)	Red 26 Saint Polycarp, BM	White 27 Saint John Chrysostom, BCD	White 28 Abstinence Saint Peter Nolasco, C (Saint Agnes (2nd time), VM)	White 29 Saint Francis de Sales, BCD
4th Sunday after of Epiphany (Saint Martina, VM)	Saint John Bosco, C					



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Violet  3 Passion Sunday	White 4 Day of Fast Saint Isidore, C	White 5 Day of Fast Saint Vincent Ferrer, C	Violet 6 Day of Fast Ferial Day	Violet 7 Day of Fast Ferial Day	White 8 Day of Fast Abstinence Seven Sorrows of the BVM	Violet 9 Day of Fast Ferial Day
Violet  10 Palm Sunday	Violet 11 Day of Fast Monday in Holy Week (Saint Leo the Great, PCD)	Violet 12 Day of Fast Tuesday in Holy Week	Violet 13 Day of Fast Wednesday in Holy Week (Saint Hermenegild, M)	White 14 Day of Fast Maundy Thursday	Black 15 Day of Fast Abstinence Good Friday	Violet 16 White Day of Fast and Abstinence Holy Saturday
White  17 Easter Sunday	White 18 Easter Monday	White 19 Easter Tuesday	White 20 Easter Wednesday	White 21 Easter Thursday (Saint Anselm, BCD)	White 22 Abstinence Easter Friday (Ss. Soter & Caius, PpMm)	White 23 Easter Saturday (Saint George of Cappadocia, M)
White  24 Low Sunday (Saint Fidelis of Sigmaringen, M) (1st Sunday after of Easter)	Red 25 Saint Mark, ApEv	Red 26 Ss. Cletus & Marcellinus, PpMm	White 27 Saint Peter Canisius, CD	White 28 Saint Paul of the Cross, C (Saint Vitalis, M)	Red 29 Abstinence Saint Peter of Verona, M	White 30 Saint Catherine of Siena, V







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<div>Red</div> <div>✝</div> <div>1</div> <div>Ss. Philip & James, Apostles</div> <div>(2nd Sunday after of Easter)</div>	<div>White</div> <div>2</div> <div>Saint Athanasius of Alexandria, BCD</div>	<div>Red</div> <div>3</div> <div>Finding of the Holy Cross</div> <div>(Saint Alexander I, P, & Comp., Mm)</div>	<div>White</div> <div>4</div> <div>Solemnity of Saint Joseph, Spouse of the BVM, C</div> <div>(Saint Monica of Hippo, W)</div>	<div>White</div> <div>5</div> <div>Saint Pius V, PC</div> <div>(Within the Octave)</div>	<div>Red</div> <div>6</div> <div>First Friday</div> <div>Abstinence</div> <div>Saint John before the Latin Gate, ApEv</div> <div>(Within the Octave)</div> <div>🕯️🐟</div>	<div>Red</div> <div>7</div> <div>First Saturday</div> <div>Saint Stanislaus, BM</div> <div>(Within the Octave)</div> <div>🕯️</div>		
<div>White</div> <div>✝</div> <div>8</div> <div>3rd Sunday after of Easter</div> <div>(Apparition of Saint Michael the Archangel)</div> <div>(Within the Octave)</div>	<div>White</div> <div>9</div> <div>Saint Gregory Nazianzen, BCD</div> <div>(Within the Octave)</div>	<div>White</div> <div>10</div> <div>Saint Antoninus, BC</div> <div>(Within the Octave)</div> <div>(Ss. Gordianus & Epimachus, Mm)</div>	<div>White</div> <div>11</div> <div>Octave Day of the Solemnity of Saint Joseph, Spouse of the BVM</div>	<div>Red</div> <div>12</div> <div>Saint Nereus & Comp., Mm</div>	<div>White</div> <div>13</div> <div>Abstinence</div> <div>Saint Robert Bellarmine, BCD</div> <div>🐟</div>	<div>White</div> <div>14</div> <div>Our Lady's Saturday</div> <div>(Saint Boniface of Tarsus, M)</div>		
<div>White</div> <div>✝</div> <div>15</div> <div>4th Sunday after of Easter</div> <div>(Saint John Baptist de La Salle, C)</div>	<div>White</div> <div>16</div> <div>Saint Ubaldus, BC</div>	<div>White</div> <div>17</div> <div>Saint Paschal Baylon, C</div>	<div>Red</div> <div>18</div> <div>Saint Venantius of Camerino, M</div>	<div>White</div> <div>19</div> <div>Saint Peter Celestine, PC</div> <div>(Saint Pudentiana, V)</div>	<div>White</div> <div>20</div> <div>Abstinence</div> <div>Saint Bernardine of Siena, C</div> <div>🐟</div>	<div>White</div> <div>21</div> <div>Our Lady's Saturday</div>		
<div>White</div> <div>✝</div> <div>22</div> <div>5th Sunday after of Easter</div>	<div>Violet</div> <div>23</div> <div>Rogation Day</div> <div>Ferial Day</div>	<div>Violet</div> <div>24</div> <div>Rogation Day</div> <div>Ferial Day</div>	<div>White</div> <div>25</div> <div>Rogation Day</div> <div>Saint Gregory VII, PC</div> <div>(Vigil of the Ascension of Jesus Christ)</div> <div>(Saint Urban I, PM)</div>	<div>White</div> <div>✝</div> <div>26</div> <div>Holy Day of Obligation</div> <div>Ascension of Our Lord Jesus Christ</div>	<div>White</div> <div>27</div> <div>Abstinence</div> <div>Saint Bede, the Venerable, CD</div> <div>(Within the Octave)</div> <div>(Saint John I, PM)</div> <div>🐟</div>	<div>White</div> <div>28</div> <div>Saint Augustine of Canterbury, BC</div> <div>(Within the Octave)</div>		
<div>White</div> <div>✝</div> <div>29</div> <div>Within the Octave</div> <div>(Saint Mary Magdalene of Pazzi, V)</div>	<div>White</div> <div>30</div> <div>Within the Octave</div> <div>(Saint Felix I, PM)</div>	<div>White</div> <div>31</div> <div>Queenship of the BVM</div> <div>(Within the Octave)</div> <div>(Saint Petronilla, V)</div>	<div>Ab - Abbot</div> <div>Ap - Apostle</div> <div>B - Bishop</div> <div>BVM - Blessed Virgin Mary</div> <div>C - Confessor</div> <div>Comp. - Companions</div> <div>D - Doctor of the Church</div> <div>Ev - Evangelist</div>			<div>M - Martyr</div> <div>Mm - Martyrs</div> <div>P - Pope</div> <div>Pp - Popes</div> <div>Ss. - Saints</div> <div>V - Virgin</div> <div>W - Widow</div> <div>(Saint -name-) - Commemoration</div>		<div>Day of Fast</div> <div>= Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted.</div> <div>Abstinence</div> <div>= Meat (and soup or gravy made from meat) may not be taken at all.</div> <div>Partial Abstinence</div> <div>Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.</div>














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Red 5 Pentecost Sunday	Red 6 Pentecost Monday	Red 7 Pentecost Tuesday	Red 8 Day of Fast Partial Abstinence Ember Wednesday Pentecost Wednesday	Red 9 Pentecost Thursday (Ss. Primus & Felician, Mm)	Red 10 Day of Fast Abstinence Ember Friday Pentecost Friday (Saint Margaret, Queen of Scotland, W)	Red 11 Day of Fast Partial Abstinence Ember Saturday Saint Barnabas, Ap (Pentecost Saturday)
White 12 Trinity Sunday (Saint John of Saint Facundo, C) (Saint Basilides & Comp., Mm) (1st Sunday after of Pentecost)	White 13 Saint Anthony of Padua, CD	White 14 Saint Basil the Great, BCD	Red 15 Saint Vitus of Lucania & Comp., Mm	White 16 Corpus Christi	White 17 Abstinence Within the Octave	White 18 Within the Octave (Saint Ephrem, Deacon, CD) (Ss. Mark & Marcellianus, Mm)
White 19 Within the Octave (Saint Juliana Falconieri, V) (2nd Sunday after of Pentecost) (Ss. Gervase & Protase, Mm)	White 20 Within the Octave (Saint Silverius, PM)	White 21 Within the Octave (Saint Aloysius Gonzaga, C)	White 22 Within the Octave (Saint Paulinus of Nola, BC)	White 23 Octave Day of Corpus Christi (Vigil of the Nativity of Saint John the Baptist [anticipated])	White 24 Abstinence Sacred Heart of Jesus	White 25 Nativity of Saint John the Baptist [from June 24th] (Saint William of Vercelli, Ab) (Within the Octave)
White 26 Sunday within the Octave of the Sacred Heart of Jesus (Ss. John & Paul, Mm) (3rd Sunday after of Pentecost) (Within the Octave of the Nativity of Saint John the Baptist)	White 27 Within the Octave of the Sacred Heart of Jesus (Within the Octave of the Nativity of Saint John the Baptist)	Red 28 Saint Irenaeus, BM (Within the Octave of the Sacred Heart of Jesus) (Within the Octave of the Nativity of Saint John the Baptist) (Vigil of Ss. Peter & Paul, Apostles)	Red 29 Ss. Peter & Paul, Apostles (Within the Octave)	Red 30 Commemoration of Saint Paul, Ap (Within the Octave of the Sacred Heart of Jesus) (Within the Octave of the Ss. Peter & Paul, Apostles) (Saint Peter, Ap)	Ab - Abbot Ap - Apostle B - Bishop BVM - Blessed Virgin Mary C - Confessor Comp. - Companions D - Doctor of the Church Ev - Evangelist M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration	









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Green  3 4th Sunday after of Pentecost (Saint Leo II, PC) (Within the Octave)	Red 4 Within the Octave	White 5 Saint Anthony Mary Zaccaria, C (Within the Octave)	Red 6 Octave Day of the Ss. Peter & Paul, Apostles	White 7 Ss. Cyril, BC, and Methodius, BC	White 8 Abstinence Saint Elizabeth, Queen of Portugal, W	White 9 Our Lady's Saturday
Green  10 5th Sunday after of Pentecost (Seven Holy Brothers, Mm) (Ss. Rufina & Secunda, VvMm)	Red 11 Saint Pius I, PM	White 12 Saint John Gualbert, Ab (Ss. Nabor & Felix, Mm)	Red 13 Saint Cletus, PM	White 14 Saint Bonaventure of Bagnoregio, BCD	White 15 Abstinence Saint Henry II, Emperor of Germany, C	White 16 Our Lady of Mount Carmel
Green  17 6th Sunday after of Pentecost (Saint Alexius of Rome, C)	White 18 Saint Camillus de Lellis, C (Saint Symphorosa & her Seven Sons, Mm)	White 19 Saint Vincent de Paul, C	White 20 Saint Jerome Emilian, C (Saint Margaret of Antioch, VM)	White 21 Saint Praxedes, V	White 22 Abstinence Saint Mary Magdalene, Penitent	Red 23 Saint Apollinaris of Ravenna, BM (Vigil of Saint James the Greater, Apostle) (Saint Liborius, BC)
Green  24/31 7th Sunday after of Pentecost (Saint Christina, VM) 8th Sunday after of Pentecost (Saint Ignatius of Loyola, C)	Red 25 Saint James the Greater, Ap (Saint Christopher, M)	White 26 Saint Anne, Mother of the BVM, W	Red 27 Saint Pantaleon, M	Red 28 Ss. Nazarius & Celsus, Mm	White 29 Abstinence Saint Martha, V (Saint Felix II & Comp., Mm)	Red 30 Ss. Abdon & Sennen, Mm



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Green  7 9th Sunday after of Pentecost (Saint Cajetan of Thiene, C) (Saint Donatus, BM)	Red 8 Saint Cyriacus & Comp., Mm	White 9 Saint John Mary Vianney, C (Vigil of Saint Lawrence) (Saint Romanus of Rome, M)	Red 10 Saint Lawrence the Archdeacon, M	Red 11 Saint Tiburtius, M, & Susanna, VM	White 12 Abstinence Saint Clare, V 	Violet 13 Vigil of the Assumption (Ss. Hippolytus & Cassian, Mm) 
Green  14 10th Sunday after of Pentecost (Saint Eusebius, C)	White  15 Holy Day of Obligation Assumption of the Blessed Virgin Mary	White 16 Saint Joachim, Father of the BVM, C	White 17 Saint Hyacinth of Cracow, C (Octave of Saint Lawrence) (Within the Octave)	White 18 Within the Octave (Saint Agapitus, M)	White 19 Abstinence Saint John Eudes, C (Within the Octave) 	White 20 Saint Bernard, AbD (Within the Octave)
Green  21 11th Sunday after of Pentecost (Saint Jane Frances de Chantal, W) (Within the Octave)	White 22 Immaculate Heart of Mary (Saint Timothy & Comp., Mm)	White 23 Saint Philip Benizi, C (Vigil of the Saint Bartholomew, Ap)	Red 24 Saint Bartholomew, Ap	White 25 Saint Louis IX, King of France, C	Red 26 Abstinence Saint Zephyrinus, PM 	White 27 Saint Joseph Calansanctius, C
Green  28 12th Sunday after of Pentecost (Saint Augustine of Hippo, BCD) (Saint Hermes, M)	Red 29 Beheading of Saint John the Baptist (Saint Sabina, M)	White 30 Saint Rose of Lima, V (Ss. Felix & Adauctus, Mm)	White 31 Saint Raymond Nonnatus, C	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once.		








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Green  4 13th Sunday after of Pentecost	White 5 Saint Lawrence Justinian, BC	Green 6 Ferial Day	Green 7 Ferial Day	White 8 Nativity of the Blessed Virgin Mary (Saint Hadrian, M)	White 9 Abstinence Saint Peter Claver, C (Saint Gorgonius, M) 	White 10 Saint Nicholas of Tolentino, C 
Green  11 14th Sunday after of Pentecost (Ss. Protus & Hyacinth, Mm)	White 12 Most Holy Name of Mary	Green 13 Ferial Day	Red 14 Exaltation of the Holy Cross	White 15 Seven Sorrows of the BVM (Saint Nicomedes, M)	Red 16 Abstinence Ss. Cornelius, P, & Cyprian, BMm (Saint Euphemia, V, & Comp., Mm) 	White 17 Impression of the Stigmata of Saint Francis 
Green  18 15th Sunday after of Pentecost (Saint Joseph of Cupertino, C)	Red 19 Saint Januarius, B, & Comp., Mm	Red 20 Saint Eustace & Comp., Mm (Vigil of Saint Matthew)	Red 21 Day of Fast Partial Abstinence Ember Wednesday Saint Matthew, ApEv 	White 22 Saint Thomas of Villanova, BC (Saint Maurice & Comp., Mm)	Red 23 Day of Fast Abstinence Ember Friday Saint Linus, PM (Saint Thecla, VM) 	White 24 Day of Fast Partial Abstinence Ember Saturday Our Lady of Ransom 
Green  25 16th Sunday after of Pentecost	Red 26 Saint Isaac Jogues & Comp., Mm (Ss. Cyprian & Justina, Mm)	Red 27 Ss. Cosmas & Damian, Mm	Red 28 Saint Wenceslaus, M	White 29 Dedication of Saint Michael the Archangel	White 30 Abstinence Saint Jerome, CD 	M - Martyr Mm - Martyrs P - Pope Pp - Popes Ss. - Saints V - Virgin W - Widow (Saint -name-) - Commemoration


















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Green 2 17th Sunday after of Pentecost (Holy Guardian Angels)	White 3 Saint Therese of the Child Jesus, V	White 4 Saint Francis of Assisi, C	Red 5 Saint Placidus & Comp., Mm	White 6 Saint Bruno of Cologne, C	White 7 First Friday Abstinence The Most Holy Rosary (Saint Mark, PC) (Saint Sergius & Comp., Mm) 	White 8 Saint Bridget of Sweden, W
Green 9 18th Sunday after of Pentecost (Saint John Leonard, C) (Saint Denis, B, & Comp., Mm)	White 10 Saint Francis Borgia, C	White 11 Maternity of the Blessed Virgin Mary	Green 12 Ferial Day	White 13 Saint Edward, King of England, C	Red 14 Abstinence Saint Callixtus I, PM	White 15 Saint Teresa of Avila, V
Green 16 19th Sunday after of Pentecost (Saint Hedwig of Silesia, W)	White 17 Saint Margaret Mary Alacoque, V	Red 18 Saint Luke, Ev	White 19 Saint Peter of Alcantara, C	White 20 Saint John Cantius, C	White 21 Abstinence Saint Hilarion of Gaza, Ab (Saint Ursula & Comp., VvMm)	White 22 Our Lady's Saturday
Green 23/30 White 20th Sunday after of Pentecost Solemnity of Christ the King (21st Sunday after of Pentecost)	White 24/31 Violet Saint Raphael the Archangel Day of Fast Abstinence Vigil of All Saints	Red 25 Ss. Chrysanthus & Daria, Mm	Red 26 Saint Evaristus, PM	Violet 27 Vigil of Ss. Simon & Judas Thaddeus, Apostles	Red 28 Abstinence Ss. Simon the Canaanite & Judas Thaddeus, Apostles	White 29 Our Lady's Saturday



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Green  6 22nd Sunday after of Pentecost (Within the Octave)	White 7 Within the Octave	White 8 Octave Day of All Saints' Day (Four Crowned Martyrs)	White 9 Dedication of Basilica of Our Savior (Saint Theodore, M)	White 10 Saint Andrew Avellino, C (Ss. Tryphon & Comp., Mm)	White 11 <i>Abstinence</i> Saint Martin of Tours, BC (Saint Mennas, M)	Red 12 Saint Martin I, PM
Green  13 23rd Sunday after of Pentecost (Saint Didacus of Alcala, C)	Red 14 Saint Josaphat Kuntsevych, BM	White 15 Saint Albert the Great, BCD	White 16 Saint Gertrude, Abbess, V	White 17 Saint Gregory Thaumaturgus, BC	White 18 <i>Abstinence</i> Dedication of the Basilicas of Ss. Peter & Paul	White 19 Saint Elizabeth of Hungary, W (Saint Pontian, PM)
Green  20 24th Sunday after of Pentecost (Saint Felix of Valois, C)	White 21 Presentation of the Blessed Virgin Mary	Red 22 Saint Cecilia, VM	Red 23 Saint Clement I, PM (Saint Felicitas, M)	White 24 Saint John of the Cross, CD (Saint Chrysogonus, M)	Red 25 <i>Abstinence</i> Saint Catherine of Alexandria, VM	White 26 Saint Sylvester, Ab (Saint Peter of Alexandria, BM)
Violet  27 1st Sunday of Advent	Violet 28 Ferial Day	Violet 29 Vigil of Saint Andrew (Saint Saturninus, M)	Red 30 Saint Andrew, Ap	Day of Fast = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. Abstinence = Meat (and soup or gravy made from meat) may not be taken at all. Partial Abstinence Partial Abstinence = Meat (and soup or gravy made from meat) may be eaten only once .		



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Violet  4 2nd Sunday of Advent (Saint Peter Chrysologus, BCD) (Saint Barbara, VM)	Violet 5 Ferial Day (Saint Sabbas, Ab)	White 6 Saint Nicholas of Myra, BC	White 7 Day of Fast Abstinence Saint Ambrose of Milan, BCD (Vigil of the Immaculate Conception of the BVM) 	White  8 Holy Day of Obligation Immaculate Conception of the BVM	White 9 Abstinence Within the Octave 	White 10 Within the Octave (Saint Melchiades, PM)
Violet (Rose)  11 3rd Sunday of Advent (Within the Octave) (Gaudete Sunday) (Saint Damasus I, PC)	White 12 Within the Octave	Red 13 Saint Lucy, VM (Within the Octave)	White 14 Day of Fast Partial Abstinence Ember Wednesday Within the Octave 	White 15 Octave Day of the Immaculate Conception of the BVM	Red 16 Day of Fast Abstinence Ember Friday Saint Eusebius of Vercelli, BM 	Violet 17 Day of Fast Partial Abstinence Ember Saturday Ferial Day 
Violet  18 4th Sunday of Advent	Violet 19 Ferial Day	Violet 20 Vigil of Saint Thomas Apostle	Red 21 Saint Thomas, Ap	White 22 Saint Frances Xavier Cabrini, V	Violet 23 Abstinence Ferial Day 	Violet 24 Day of Fast Abstinence Vigil of the Nativity of Our Lord Jesus Christ 
White  25 Holy Day of Obligation Nativity of Our Lord Jesus Christ (Saint Anastasia, M)	Red 26 Saint Stephen (First Martyr) (Within the Octave)	White 27 Saint John, ApEv (Within the Octave)	Violet 28 The Holy Innocents, Mm (Within the Octave)	Red 29 Saint Thomas of Canterbury, BM (Within the Octave)	White 30 Abstinence Within the Octave 	White 31 Saint Sylvester I, PC (Within the Octave)