



















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Ab</b> - Abbot <b>Ap</b> - Apostle <b>B</b> - Bishop <b>BVM</b> - Blessed Virgin Mary <b>C</b> - Confessor <b>Comp.</b> - Companions <b>D</b> - Doctor of the Church <b>Ev</b> - Evangelist	<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration	<b>Day of Fast</b> = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. <b>Abstinence</b> = Meat (and soup or gravy made from meat) <b>may not</b> be taken at all. <b>Partial Abstinence</b> = Meat (and soup or gravy made from meat) <b>may be eaten only once</b> .			<b>White</b>  <b>1</b> <b>Holy Day of Obligation</b> <b>First Friday</b> Circumcision of Our Lord Jesus Christ 	<b>Red</b> <b>2</b> <b>First Saturday</b> Octave Day of Saint Stephen (First Martyr) 
<b>White</b>  <b>3</b> Most Holy Name of Jesus  (Octave Day of Saint John)	<b>Red</b> <b>4</b> Octave Day of the Holy Innocents	<b>White</b> <b>5</b> Vigil of the Epiphany  (Saint Telesphorus, PM)	<b>White</b> <b>6</b> The Epiphany of Our Lord Jesus Christ	<b>White</b> <b>7</b> Within the Octave	<b>White</b> <b>8</b> <b>Abstinence</b> Within the Octave 	<b>White</b> <b>9</b> Within the Octave
<b>White</b>  <b>10</b> The Holy Family: Jesus, Mary, and Joseph  (Within the Octave)	<b>White</b> <b>11</b> Within the Octave  (Saint Hyginus, PM)	<b>White</b> <b>12</b> Within the Octave	<b>White</b> <b>13</b> Octave Day of the Epiphany of Our Lord Jesus Christ	<b>White</b> <b>14</b> Saint Hilary, BCD  (Saint Felix of Nola, Priest, M)	<b>White</b> <b>15</b> <b>Abstinence</b> Saint Paul, the First Hermit, C  (Saint Maurus, Ab)	<b>Red</b> <b>16</b> Saint Marcellus I, PM
<b>Green</b>  <b>17</b> 2nd Sunday after Epiphany  (Saint Anthony, Ab)	<b>White</b> <b>18</b> Saint Peter's Chair at Rome  (Saint Prisca, VM)  (Saint Paul, Ap)	<b>Red</b> <b>19</b> Saint Marius & Comp., Mm  (Saint Canute IV, King of Denmark, M)	<b>Red</b> <b>20</b> Saints Fabian, P, & Sebastian, Mm	<b>Red</b> <b>21</b> Saint Agnes, VM	<b>Red</b> <b>22</b> <b>Abstinence</b> Ss. Vincent & Anastasius, Mm  	<b>White</b> <b>23</b> Saint Raymund of Pennafort, C  (Saint Emerentiana, VM)
<b>Green</b>  <b>24/31</b> 3rd Sunday after Epiphany  (Saint Timothy, BM) Septuagesima Sunday  (Saint John Bosco, C)	<b>White</b> <b>25</b> Conversion of Saint Paul, Ap  (Commemoration of Saint Peter, Ap)	<b>Red</b> <b>26</b> Saint Polycarp, BM	<b>White</b> <b>27</b> Saint John Chrysostom, BCD	<b>White</b> <b>28</b> Saint Peter Nolasco, C  (Saint Agnes (2nd time), VM)	<b>White</b> <b>29</b> <b>Abstinence</b> Saint Francis de Sales, BCD  	<b>Green</b> <b>30</b> 4th Sunday after Epiphany [anticipated]  (Saint Martina, VM)



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	<b>Red</b> <b>1</b> Saint Ignatius, BM	<b>White</b> <b>2</b> Purification of the Blessed Virgin Mary	<b>Red</b> <b>3</b> Saint Blaise of Sebaste, BM	<b>White</b> <b>4</b> Saint Andrew Corsini, BC	<b>Red</b> <b>5</b> <b>First Friday</b> <i>Abstinence</i> Saint Agatha of Catania, VM	<b>White</b> <b>6</b> <b>First Saturday</b> Saint Titus, BC (Saint Dorothy, VM)
<b>Violet</b>  <b>7</b> Sexagesima Sunday  (Saint Romuald, Ab)	<b>White</b> <b>8</b> Saint John of Matha, C	<b>White</b> <b>9</b> Saint Cyril of Alexandria, BCD  (Saint Apollonia, VM)	<b>White</b> <b>10</b> Saint Scholastica of Nursia, V	<b>White</b> <b>11</b> Apparition of Our Lady of Lourdes	<b>White</b> <b>12</b> <i>Abstinence</i> The Seven Holy Founders of the Servites, Cc	<b>White</b> <b>13</b> Our Lady's Saturday
<b>Violet</b>  <b>14</b> Quinquagesima Sunday  (Saint Valentine, Priest, M)	<b>Red</b> <b>15</b> Ss. Faustinus & Jovita, Mm	<b>Violet</b> <b>16</b> Ferial Day	<b>Violet</b> <b>17</b> <i>Day of Fast</i> <i>Abstinence</i> Ash Wednesday	<b>Red</b> <b>18</b> <i>Day of Fast</i> Saint Simeon, BM  (Ferial Day)	<b>Violet</b> <b>19</b> <i>Day of Fast</i> <i>Abstinence</i> Ferial Day	<b>Violet</b> <b>20</b> <i>Day of Fast</i> Ferial Day
<b>Violet</b>  <b>21</b> 1st Sunday of Lent	<b>White</b> <b>22</b> <i>Day of Fast</i> Saint Peter's Chair at Antioch, Ap  (Commemoration of Saint Paul, Ap)	<b>White</b> <b>23</b> <i>Day of Fast</i> Saint Peter Damian, BCD  (Vigil of Saint Matthias)	<b>Red</b> <b>24</b> <i>Day of Fast</i> <i>Partial Abstinence</i> Ember Wednesday Saint Matthias, Ap	<b>Violet</b> <b>25</b> <i>Day of Fast</i> Ferial Day	<b>Violet</b> <b>26</b> <i>Day of Fast</i> <i>Abstinence</i> Ember Friday Ferial Day	<b>White</b> <b>27</b> <i>Day of Fast</i> <i>Partial Abstinence</i> Ember Saturday Saint Gabriel of Our Lady of Sorrows, C
<b>Violet</b>  <b>28</b> 2nd Sunday of Lent	<b>Ab</b> - Abbot <b>Ap</b> - Apostle <b>B</b> - Bishop <b>BVM</b> - Blessed Virgin Mary <b>C</b> - Confessor <b>Comp.</b> - Companions <b>D</b> - Doctor of the Church <b>Ev</b> - Evangelist		<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration			
<i>Day of Fast</i> = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. <i>Abstinence</i> = Meat (and soup or gravy made from meat) <b>may not</b> be taken at all. <i>Partial Abstinence</i> = Meat (and soup or gravy made from meat) <b>may be eaten only once.</b>						






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<b>Violet</b>  <b>7</b> 3rd Sunday of Lent  (Saint Thomas Aquinas, CD)	<b>White</b> <b>8</b> <i>Day of Fast</i> Saint John of God, C	<b>White</b> <b>9</b> <i>Day of Fast</i> Saint Frances of Rome, W	<b>Red</b> <b>10</b> <i>Day of Fast</i> Forty Holy Martyrs of Sebaste	<b>Violet</b> <b>11</b> <i>Day of Fast</i> Ferial Day	<b>White</b> <b>12</b> <i>Day of Fast</i> <i>Abstinence</i> Saint Gregory the Great, PCD	<b>Violet</b> <b>13</b> <i>Day of Fast</i> Ferial Day
<b>Violet (Rose)</b>  <b>14</b> 4th Sunday of Lent  (Laetare Sunday)	<b>Violet</b> <b>15</b> <i>Day of Fast</i> Ferial Day	<b>Violet</b> <b>16</b> <i>Day of Fast</i> Ferial Day	<b>White</b> <b>17</b> <i>Day of Fast</i> Saint Patrick, BC	<b>White</b> <b>18</b> <i>Day of Fast</i> Saint Cyril of Jerusalem, BCD	<b>White</b> <b>19</b> <i>Day of Fast</i> <i>Abstinence</i> Saint Joseph, Spouse of the BVM, C	<b>Violet</b> <b>20</b> <i>Day of Fast</i> Ferial Day
<b>Violet</b>  <b>21</b> Passion Sunday  (Saint Benedict of Nursia, Ab)	<b>White</b> <b>22</b> <i>Day of Fast</i> Saint Isidore the Farmer, C	<b>Violet</b> <b>23</b> <i>Day of Fast</i> Ferial Day	<b>White</b> <b>24</b> <i>Day of Fast</i> Saint Gabriel the Archangel	<b>White</b> <b>25</b> <i>Day of Fast</i> Annunciation of the Blessed Virgin Mary	<b>White</b> <b>26</b> <i>Day of Fast</i> <i>Abstinence</i> Seven Sorrows of the BVM	<b>White</b> <b>27</b> <i>Day of Fast</i> Saint John Damascene, CD
<b>Violet</b>  <b>28</b> Palm Sunday	<b>Violet</b> <b>29</b> <i>Day of Fast</i> Monday in Holy Week	<b>Violet</b> <b>30</b> <i>Day of Fast</i> Tuesday in Holy Week	<b>Violet</b> <b>31</b> <i>Day of Fast</i> Wednesday in Holy Week	<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration		
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<b>White</b>  <b>4</b> Easter Sunday	<b>White</b> <b>5</b> Easter Monday	<b>White</b> <b>6</b> Easter Tuesday	<b>White</b> <b>7</b> Easter Wednesday	<b>White</b> <b>8</b> Easter Thursday	<b>White</b> <b>9</b> <b>Abstinence</b> Easter Friday	<b>White</b> <b>10</b> Easter Saturday
<b>White</b>  <b>11</b> Low Sunday  (Saint Leo the Great, PCD)  (1st Sunday after Easter)	<b>White</b> <b>12</b> Ferial Day	<b>Red</b> <b>13</b> Saint Hermenegild, M	<b>Red</b> <b>14</b> Saint Justin, M  (Ss. Tiburtius, Valerian & Maximus, Mm)	<b>White</b> <b>15</b> Ferial Day	<b>White</b> <b>16</b> <b>Abstinence</b> Ferial Day	<b>White</b> <b>17</b> Our Lady's Saturday  (Saint Anicetus, PM)
<b>White</b>  <b>18</b> 2nd Sunday after Easter	<b>White</b> <b>19</b> Ferial Day	<b>White</b> <b>20</b> Ferial Day	<b>White</b> <b>21</b> Solemnity of Saint Joseph, Spouse of the BVM, C  (Saint Anselm, BCD)	<b>Red</b> <b>22</b> Ss. Soter & Caius, PpMm  (Within the Octave)	<b>Red</b> <b>23</b> <b>Abstinence</b> Saint George of Cappadocia, M  (Within the Octave)	<b>Red</b> <b>24</b> Saint Fidelis of Sigmaringen, M  (Within the Octave)
<b>Red</b>  <b>25</b> Saint Mark, ApEv  (3rd Sunday after Easter)	<b>Red</b> <b>26</b> Ss. Cletus & Marcellinus, PpMm  (Within the Octave)	<b>White</b> <b>27</b> Saint Peter Canisius, CD  (Within the Octave)	<b>White</b> <b>28</b> Octave Day of Solemnity of Saint Joseph, Spouse of the BVM  (Saint Paul of the Cross, C)  (Saint Vitalis, M)	<b>Red</b> <b>29</b> Saint Peter of Verona, M	<b>White</b> <b>30</b> <b>Abstinence</b> Saint Catherine of Siena, V	<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration












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<b>White</b>  <b>2</b> 4th Sunday after Easter (Saint Athanasius of Alexandria, BCD)	<b>Red</b> <b>3</b> Finding of the Holy Cross (Saint Alexander I, P, & Comp., Mm)	<b>White</b> <b>4</b> Saint Monica of Hippo, W	<b>White</b> <b>5</b> Saint Pius V, PC	<b>Red</b> <b>6</b> Saint John before the Latin Gate, ApEv	<b>Red</b> <b>7</b> <b>First Friday</b> <b>Abstinence</b> Saint Stanislaus, BM 	<b>White</b> <b>8</b> Apparition of Saint Michael the Archangel
<b>White</b>  <b>9</b> 5th Sunday after Easter (Saint Gregory Nazianzen, BCD)	<b>White</b> <b>10</b> <b>Rogation Day</b> Saint Antoninus, BC (Ss. Gordianus & Epimachus, Mm)	<b>White</b> <b>11</b> <b>Rogation Day</b> Ferial Day	<b>Red</b> <b>12</b> <b>Rogation Day</b> Saint Nereus & Comp., Mm (Vigil of the Ascension of Jesus Christ)	<b>White</b>  <b>13</b> <b>Holy Day of Obligation</b> Ascension of Our Lord Jesus Christ	<b>White</b> <b>14</b> <b>Abstinence</b> Within the Octave (Saint Boniface of Tarsus, M)	<b>White</b> <b>15</b> Saint John Baptist de La Salle, C (Within the Octave)
<b>White</b>  <b>16</b> Sunday within the Octave of Ascension of Our Lord Jesus Christ (Saint Ubaldus, BC)	<b>White</b> <b>17</b> Saint Paschal Baylon, C (Within the Octave)	<b>Red</b> <b>18</b> Saint Venantius of Camerino, M (Within the Octave)	<b>White</b> <b>19</b> Saint Peter Celestine, PC (Within the Octave) (Saint Pudentiana, V)	<b>White</b> <b>20</b> Octave Day of Ascension of Our Lord Jesus Christ (Saint Bernardine of Siena, C)	<b>White</b> <b>21</b> <b>Abstinence</b> Ferial Day	<b>Violet Red</b> <b>22</b> <b>Day of Fast</b> <b>Abstinence</b> Vigil of Pentecost
<b>Red White</b>  <b>23/30</b> Pentecost Sunday Trinity Sunday (1st Sunday after Pentecost)	<b>Red White</b> <b>24/31</b> Pentecost Monday Queenship of the BVM (Saint Petronilla, V)	<b>Red</b> <b>25</b> Pentecost Tuesday	<b>Red</b> <b>26</b> <b>Day of Fast</b> <b>Partial Abstinence</b> Ember Wednesday Pentecost Wednesday (Saint Philip Neri, C) (Saint Eleutherius, PM)	<b>Red</b> <b>27</b> Pentecost Thursday (Saint Bede, the Venerable, CD) (Saint John I, PM)	<b>Red</b> <b>28</b> <b>Day of Fast</b> <b>Abstinence</b> Ember Friday Pentecost Friday (Saint Augustine of Canterbury, BC)	<b>Red</b> <b>29</b> <b>Day of Fast</b> <b>Partial Abstinence</b> Ember Saturday Pentecost Saturday (Saint Mary Magdalene of Pazzi, V)





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<b>White</b>  <b>6</b> Sunday within the Octave of Corpus Christi  (Saint Norbert of Xanten, BC)  (2nd Sunday after Pentecost)	<b>White</b> <b>7</b> Within the Octave	<b>White</b> <b>8</b> Within the Octave	<b>White</b> <b>9</b> Within the Octave  (Ss. Primus & Felician, Mm)	<b>White</b> <b>10</b> Octave Day of Corpus Christi  (Saint Margaret, Queen of Scotland, W)	<b>White</b> <b>11</b> <i>Abstinence</i> Sacred Heart of Jesus  	<b>White</b> <b>12</b> Saint John of Saint Facundo, C  (Within the Octave) (Saint Basilides & Comp., Mm)
<b>White</b>  <b>13</b> Sunday within the Octave of Sacred Heart of Jesus  (Saint Anthony of Padua, CD)  (3rd Sunday after Pentecost)	<b>White</b> <b>14</b> Saint Basil the Great, BCD  (Within the Octave)	<b>White</b> <b>15</b> Within the Octave  (Saint Vitus of Lucania & Comp., Mm)	<b>White</b> <b>16</b> Within the Octave	<b>White</b> <b>17</b> Within the Octave	<b>White</b> <b>18</b> <i>Abstinence</i> Saint Ephrem, Deacon, CD (Octave Day of Sacred Heart of Jesus) (Ss. Mark & Marcellianus, Mm) 	<b>White</b> <b>19</b> Saint Juliana Falconieri, V  (Ss. Gervase & Protase, Mm)
<b>Green</b>  <b>20</b> 4th Sunday after Pentecost  (Saint Silverius, PM)	<b>White</b> <b>21</b> Saint Aloysius Gonzaga, C	<b>White</b> <b>22</b> Saint Paulinus of Nola, BC	<b>Violet</b> <b>23</b> Vigil of the Nativity of Saint John the Baptist	<b>White</b> <b>24</b> Nativity of Saint John the Baptist	<b>White</b> <b>25</b> <i>Abstinence</i> Saint William of Vercelli, Ab  (Within the Octave) 	<b>Red</b> <b>26</b> Ss. John & Paul, Mm  (Within the Octave)
<b>Green</b>  <b>27</b> 5th Sunday after Pentecost  (Within the Octave)	<b>Red</b> <b>28</b> Saint Irenaeus, BM  (Within the Octave)  (Vigil of Ss. Peter & Paul, Apostles)	<b>Red</b> <b>29</b> Ss. Peter & Paul, Apostles	<b>Red</b> <b>30</b> Commemoration of Saint Paul, Ap  (Within the Octave of Nativity of Saint John the Baptist) (Within the Octave of Ss. Peter & Paul, Apostles) (Saint Peter, Ap)	<b>Day of Fast</b> = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. <b>Abstinence</b> = Meat (and soup or gravy made from meat) <b>may not</b> be taken at all. <b>Partial Abstinence</b> = Meat (and soup or gravy made from meat) <b>may be eaten only once.</b>		







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<b>Green</b>  <b>4</b> 6th Sunday after Pentecost  (Within the Octave)	<b>White</b> <b>5</b> Saint Anthony Mary Zaccaria, C  (Within the Octave)	<b>Red</b> <b>6</b> Octave Day of Ss. Peter & Paul, Apostles	<b>White</b> <b>7</b> Ss. Cyril and Methodius, BCc	<b>White</b> <b>8</b> Saint Elizabeth, Queen of Portugal, W  (Octave Day of Nativity of Saint John the Baptist)	<b>White</b> <b>2</b> <b>First Friday Abstinence</b> Visitation of the Blessed Virgin Mary (Ss. Processus and Martinian, Mm) 	<b>White</b> <b>3</b> <b>First Saturday</b> Saint Leo II, PC (Within the Octave) 
<b>Green</b>  <b>11</b> 7th Sunday after Pentecost  (Saint Pius I, PM)	<b>White</b> <b>12</b> Saint John Gualbert, Ab  (Ss. Nabor & Felix, Mm)	<b>Red</b> <b>13</b> Saint Cletus, PM	<b>White</b> <b>14</b> Saint Bonaventura of Bagnoregio, BCD	<b>White</b> <b>15</b> Saint Henry II, Emperor of Germany, C	<b>White</b> <b>16</b> <b>Abstinence</b> Our Lady of Mount Carmel 	<b>White</b> <b>17</b> Saint Alexius of Rome, C
<b>Green</b>  <b>18</b> 8th Sunday after Pentecost (Saint Camillus de Lellis, C) (Saint Symphorosa & her Seven Sons, Mm)	<b>White</b> <b>19</b> Saint Vincent de Paul, C	<b>White</b> <b>20</b> Saint Jerome Emilian, C  (Saint Margaret of Antioch, VM)	<b>White</b> <b>21</b> Saint Praxedes, V	<b>White</b> <b>22</b> Saint Mary Magdalene, Penitent	<b>Red</b> <b>23</b> <b>Abstinence</b> Saint Apollinaris of Ravenna, BM (Saint Liborius, BC) 	<b>Violet</b> <b>24</b> Vigil of Saint James the Greater, Apostle  (Saint Christina, VM)
<b>Red</b>  <b>25</b> Saint James the Greater, Ap  (9th Sunday after Pentecost) (Saint Christopher, M)	<b>White</b> <b>26</b> Saint Anne, Mother of the BVM, W	<b>Red</b> <b>27</b> Saint Pantaleon, M	<b>Red</b> <b>28</b> Ss. Nazarius & Celsus, Mm	<b>White</b> <b>29</b> Saint Martha, V  (Saint Felix II & Comp., Mm)	<b>Red</b> <b>30</b> <b>Abstinence</b> Ss. Abdon & Sennen, Mm 	<b>White</b> <b>31</b> Saint Ignatius of Loyola, C










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Green</b> ✙ <b>1</b> 10th Sunday after Pentecost (Saint Peter's Chains) (Saint Paul, Ap) (Holy Machabees, Mm)	<b>White</b> <b>2</b> Saint Alphonsus Maria de Liguori, BCD (Saint Stephen I, PM)	<b>Red</b> <b>3</b> Finding of the Body of Saint Stephen (First Martyr)	<b>White</b> <b>4</b> Saint Dominic de Guzmán, C	<b>White</b> <b>5</b> Dedication of the Basilica of Our Lady of the Snows	<b>White</b> <b>6</b> <b>First Friday</b> <b>Abstinence</b> Transfiguration of Jesus Christ (Saint Sixtus II, P, & Comp., Mm) 	<b>White</b> <b>7</b> <b>First Saturday</b> Saint Cajetan of Thiene, C (Saint Donatus, BM) 
<b>Green</b> ✙ <b>8</b> 11th Sunday after Pentecost (Saint Cyriacus & Comp., Mm)	<b>White</b> <b>9</b> Saint John Mary Vianney, C (Vigil of Saint Lawrence) (Saint Romanus of Rome, M)	<b>Red</b> <b>10</b> Saint Lawrence the Archdeacon, M	<b>Red</b> <b>11</b> Saint Tiburtius, M, & Susanna, VM	<b>White</b> <b>12</b> Saint Clare, V	<b>Red</b> <b>13</b> <b>Abstinence</b> Ss. Hippolytus & Cassian, Mm 	<b>Violet</b> <b>14</b> Vigil of the Assumption (Saint Eusebius, C)
<b>White</b> ✙ <b>15</b> <b>Holy Day of Obligation</b> Assumption of the Blessed Virgin Mary (12th Sunday after Pentecost)	<b>White</b> <b>16</b> Saint Joachim, Father of the BVM, C	<b>White</b> <b>17</b> Saint Hyacinth of Cracow, C (Octave of Saint Lawrence) (Within the Octave)	<b>White</b> <b>18</b> Within the Octave (Saint Agapitus, M)	<b>White</b> <b>19</b> Saint John Eudes, C (Within the Octave)	<b>White</b> <b>20</b> <b>Abstinence</b> Saint Bernard, AbD (Within the Octave) 	<b>White</b> <b>21</b> Saint Jane Frances de Chantal, W (Within the Octave)
<b>White</b> ✙ <b>22</b> Immaculate Heart of Mary (13th Sunday after Pentecost) (Saint Timothy & Comp., Mm)	<b>White</b> <b>23</b> Saint Philip Benizi, C (Vigil of the Saint Bartholomew, Ap)	<b>Red</b> <b>24</b> Saint Bartholomew, Ap	<b>White</b> <b>25</b> Saint Louis IX, King of France, C	<b>Red</b> <b>26</b> Saint Zephyrinus, PM	<b>White</b> <b>27</b> <b>Abstinence</b> Saint Joseph Calansanctius, C 	<b>White</b> <b>28</b> Saint Augustine of Hippo, BCD (Saint Hermes, M)
<b>Green</b> ✙ <b>29</b> 14th Sunday after Pentecost (Beheading of Saint John the Baptist) (Saint Sabina, M)	<b>White</b> <b>30</b> Saint Rose of Lima, V (Ss. Felix & Adauctus, Mm)	<b>White</b> <b>31</b> Saint Raymond Nonnatus, C	<b>Ab</b> - Abbot <b>Ap</b> - Apostle <b>B</b> - Bishop <b>BVM</b> - Blessed Virgin Mary <b>C</b> - Confessor <b>Comp.</b> - Companions <b>D</b> - Doctor of the Church <b>Ev</b> - Evangelist		<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration <b>Day of Fast</b> = Only one full meal is allowed, at which meat may be taken. Two other meatless meals, which together are less than the full meal, are also permitted. <b>Abstinence</b> = Meat (and soup or gravy made from meat) <b>may not</b> be taken at all. <b>Partial Abstinence</b> = Meat (and soup or gravy made from meat) <b>may be eaten only once.</b>	










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Green  <b>5</b> 15th Sunday after Pentecost (Saint Lawrence Justinian, BC)	Green <b>6</b> Ferial Day	Green <b>7</b> Ferial Day	White <b>8</b> Nativity of the Blessed Virgin Mary (Saint Hadrian, M)	White <b>9</b> Saint Peter Claver, C (Saint Gorgonius, M)	White <b>10</b> <b>Abstinence</b> Saint Nicholas of Tolentino, C	White <b>11</b> Our Lady's Saturday (Ss. Protus & Hyacinth, Mm)
Green  <b>12</b> 16th Sunday after Pentecost (Most Holy Name of Mary)	Green <b>13</b> Ferial Day	Red <b>14</b> Exaltation of the Holy Cross	White <b>15</b> <b>Day of Fast Partial Abstinence</b> Ember Wednesday Seven Sorrows of the BVM (Saint Nicomedes, M)	Red <b>16</b> Ss. Cornelius, P, & Cyprian, BMm (Saint Euphemia, V, & Comp., Mm)	White <b>17</b> <b>Day of Fast Abstinence</b> Ember Friday Impression of the Stigmata of Saint Francis	White <b>18</b> <b>Day of Fast Partial Abstinence</b> Ember Saturday Saint Joseph of Cupertino, C
Green  <b>19</b> 17th Sunday after Pentecost (Saint Januarius, B, & Comp., Mm)	Red <b>20</b> Saint Eustace & Comp., Mm (Vigil of Saint Matthew)	Red <b>21</b> Saint Matthew, ApEv	White <b>22</b> Saint Thomas of Villanova, BC (Saint Maurice & Comp., Mm)	Red <b>23</b> Saint Linus, PM (Saint Thecla, VM)	White <b>24</b> <b>Abstinence</b> Our Lady of Ransom	White <b>25</b> Our Lady's Saturday
Red  <b>26</b> Saint Isaac Jogues & Comp., Mm (18th Sunday after Pentecost) (Ss. Cyprian & Justina, Mm)	Red <b>27</b> Ss. Cosmas & Damian, Mm	Red <b>28</b> Saint Wenceslaus, M	White <b>29</b> Dedication of Saint Michael the Archangel	White <b>30</b> Saint Jerome, CD	<div>             Ab - Abbot              Ap - Apostle              B - Bishop              BVM - Blessed Virgin Mary              C - Confessor              Comp. - Companions              D - Doctor of the Church              Ev - Evangelist           </div> <div>             M - Martyr              Mm - Martyrs              P - Pope              Pp - Popes              Ss. - Saints              V - Virgin              W - Widow              (Saint -name-) - Commemoration           </div>	








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<b>Green</b>  <b>3</b> 19th Sunday after Pentecost (Saint Therese of the Child Jesus, V)	<b>White</b> <b>4</b> Saint Francis of Assisi, C	<b>Red</b> <b>5</b> Saint Placidus & Comp., Mm	<b>White</b> <b>6</b> Saint Bruno of Cologne, C	<b>White</b> <b>7</b> The Most Holy Rosary (Saint Mark, PC) (Saint Sergius & Comp., Mm)	<b>White</b> <b>8</b> <b>Abstinence</b> Saint Bridget of Sweden, W 	<b>White</b> <b>9</b> Saint John Leonard, C (Saint Denis, B, & Comp., Mm)
<b>Green</b>  <b>10</b> 20th Sunday after Pentecost (Saint Francis Borgia, C)	<b>White</b> <b>11</b> Maternity of the Blessed Virgin Mary	<b>Green</b> <b>12</b> Ferial Day	<b>White</b> <b>13</b> Saint Edward, King of England, C	<b>Red</b> <b>14</b> Saint Callixtus I, PM	<b>White</b> <b>15</b> <b>Abstinence</b> Saint Teresa of Avila, V	<b>White</b> <b>16</b> Saint Hedwig of Silesia, W
<b>Green</b>  <b>17</b> 21st Sunday after Pentecost (Saint Margaret Mary Alacoque, V)	<b>Red</b> <b>18</b> Saint Luke, Ev	<b>White</b> <b>19</b> Saint Peter of Alcantara, C	<b>White</b> <b>20</b> Saint John Cantius, C	<b>White</b> <b>21</b> Saint Hilarion of Gaza, Ab (Saint Ursula & Comp., VvMm)	<b>Green</b> <b>22</b> <b>Abstinence</b> Ferial Day	<b>White</b> <b>23</b> Our Lady's Saturday
<b>Green</b>  <b>24/31</b> 22nd Sunday after Pentecost (Saint Raphael the Archangel) Solemnity of Christ the King (23rd Sunday after Pentecost)	<b>Red</b> <b>25</b> Ss. Chrysanthus & Daria, Mm	<b>Red</b> <b>26</b> Saint Evaristus, PM	<b>Violet</b> <b>27</b> Vigil of Ss. Simon & Judas Thaddeus, Apostles	<b>Red</b> <b>28</b> Ss. Simon the Canaanite & Judas Thaddeus, Apostles	<b>Green</b> <b>29</b> <b>Abstinence</b> Ferial Day 	<b>Violet</b> <b>30</b> <b>Day of Fast</b> <b>Abstinence</b> Vigil of All Saints 



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	White  <b>1</b> <i>Holy Day of Obligation</i> All Saints' Day	Black <b>2</b> All Souls' Day	White <b>3</b> Within the Octave	White <b>4</b> Saint Charles Borromeo, BC (Within the Octave) (Ss. Vitalis & Agricola, Mm)	White <b>5</b> <i>First Friday</i> <i>Abstinence</i> Within the Octave	White <b>6</b> <i>First Saturday</i> Within the Octave
Green  <b>7</b> 24th Sunday after Pentecost (Sunday within the Octave of All Saints' Day)	White <b>8</b> Octave Day of All Saints' Day (Four Crowned Martyrs)	White <b>9</b> Dedication of Basilica of Our Savior (Saint Theodore, M)	White <b>10</b> Saint Andrew Avellino, C (Ss. Tryphon & Comp., Mm)	White <b>11</b> Saint Martin of Tours, BC (Saint Mennas, M)	Red <b>12</b> <i>Abstinence</i> Saint Martin I, PM	White <b>13</b> Saint Didacus of Alcala, C
Green  <b>14</b> 25th Sunday after Pentecost (Saint Josaphat Kuntsevych, BM)	White <b>15</b> Saint Albert the Great, BCD	White <b>16</b> Saint Gertrude, Abbess, V	White <b>17</b> Saint Gregory Thaumaturgus, BC	White <b>18</b> Dedication of the Basilicas of Ss. Peter & Paul	White <b>19</b> <i>Abstinence</i> Saint Elizabeth of Hungary, W (Saint Pontian, PM)	White <b>20</b> Saint Felix of Valois, C
Green  <b>21</b> 26th Sunday after Pentecost (Presentation of the Blessed Virgin Mary)	Red <b>22</b> Saint Cecilia, VM	Red <b>23</b> Saint Clement I, PM (Saint Felicitas, M)	White <b>24</b> Saint John of the Cross, CD (Saint Chrysogonus, M)	Red <b>25</b> Saint Catherine of Alexandria, VM	White <b>26</b> <i>Abstinence</i> Saint Sylvester, Ab (Saint Peter of Alexandria, BM)	White <b>27</b> Our Lady's Saturday
Violet  <b>28</b> 1st Sunday of Advent	Violet <b>29</b> Vigil of Saint Andrew (Saint Saturninus, M)	Red <b>30</b> Saint Andrew, Ap	<b>Ab</b> - Abbot <b>Ap</b> - Apostle <b>B</b> - Bishop <b>BVM</b> - Blessed Virgin Mary <b>C</b> - Confessor <b>Comp.</b> - Companions <b>D</b> - Doctor of the Church <b>Ev</b> - Evangelist		<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration	

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<b>Violet</b>  <b>5</b> 2nd Sunday of Advent  (Saint Sabbas, Ab)	<b>White</b> <b>6</b> Saint Nicholas of Myra, BC	<b>White</b> <b>7</b> <b>Day of Fast</b> <b>Abstinence</b> Saint Ambrose of Milan, BCD (Vigil of the Immaculate Conception of the BVM)	<b>Violet</b> <b>1</b> Ferial Day	<b>Red</b> <b>2</b> Saint Bibiana, VM	<b>White</b> <b>3</b> <b>First Friday</b> <b>Abstinence</b> Saint Francis Xavier, C	<b>White</b> <b>4</b> <b>First Saturday</b> Saint Peter Chrysologus, BCD (Saint Barbara, VM)
<b>Violet</b>  <b>12</b> 3rd Sunday of Advent (Gaudete Sunday) (Within the Octave)	<b>Red</b> <b>13</b> Saint Lucy, VM (Within the Octave)	<b>White</b> <b>14</b> Within the Octave	<b>White</b>  <b>8</b> <b>Holy Day of Obligation</b> Immaculate Conception of the BVM	<b>White</b> <b>9</b> Within the Octave	<b>White</b> <b>10</b> <b>Abstinence</b> Within the Octave (Saint Melchiades, PM)	<b>White</b> <b>11</b> Saint Damasus I, PC (Within the Octave)
<b>Violet</b>  <b>19</b> 4th Sunday of Advent	<b>Violet</b> <b>20</b> Vigil of Saint Thomas Apostle	<b>Red</b> <b>21</b> Saint Thomas, Ap	<b>White</b> <b>22</b> Saint Frances Xavier Cabrini, V	<b>Red</b> <b>16</b> Saint Eusebius of Vercelli, BM	<b>Violet</b> <b>17</b> <b>Day of Fast</b> <b>Abstinence</b> Ember Friday Ferial Day	<b>Violet</b> <b>18</b> <b>Day of Fast</b> <b>Partial Abstinence</b> Ember Saturday Ferial Day
<b>Red</b>  <b>26</b> Saint Stephen (First Martyr) (Sunday within the Octave of Nativity of Our Lord Jesus Christ)	<b>White</b> <b>27</b> Saint John, ApEv (Within the Octave)	<b>Violet</b> <b>28</b> The Holy Innocents, Mm (Within the Octave)	<b>Red</b> <b>29</b> Saint Thomas of Canterbury, BM (Within the Octave)	<b>White</b> <b>30</b> Within the Octave	<b>White</b> <b>31</b> <b>Abstinence</b> Saint Sylvester I, PC (Within the Octave)	<b>M</b> - Martyr <b>Mm</b> - Martyrs <b>P</b> - Pope <b>Pp</b> - Popes <b>Ss.</b> - Saints <b>V</b> - Virgin <b>W</b> - Widow <b>(Saint -name-)</b> - Commemoration